



# Saint Michael Catholic Community

800 85th Street SW  
Calgary, Alberta  
T3H 4C7

June 1, 2025: 7th Sunday of Easter / Ascension of the Lord

## The power and the presence

Forty days after Easter, witnesses saw Jesus taken up into heaven. Don't just stand around looking at the sky! Jesus instructs those who love Him continue to witness, teaching all people the Gospel.

Christ's ascension, which we celebrate today, deals with a reality that is beyond the physical and the earthly. In theology, Christ's resurrection and ascension are referred to as two aspects of one reality. The ascension is the end of his physical appearances to His disciples and beginning of Christ's spiritual presence among them. Where the physical ends, the spiritual somehow begins.

The spiritual represents a higher reality which can subsist on its own. The spiritual gives the physical its soul and significance. In death, the spiritual separates from the physical. In the resurrection and ascension, the spiritual, by its own power, reunites with physical for the fullness of human life in God.

Christ's resurrection demonstrates His power and dominion over death itself, that is, the power of the spiritual over the physical. As Christ commissions His disciples to be witnesses, He gives them the assurance of His powerful presence through the Spirit.

Our Christian life is about a power and a presence that encompasses the physical and the earthly. The resurrection and ascension assert Christ's power and presence among us as we are commissioned to bring His message to the world. Christianity is about the continuing presence of God in the Church and in the world. God's presence is brought to the world through our life in the Spirit.

As we continue with our renewal efforts, we are commissioned to become more and more a living testament of a people who adheres to the power and presence of Christ's resurrection and ascension.

Fr. Edmund, [fredmund@saintmichael.ca](mailto:fredmund@saintmichael.ca)

## Church Schedule:

### Weekday & Weekend Masses:

Tuesday: 6:00 pm  
Wednesday to Friday: 9:00 am  
Saturday: 5:00 pm  
Sunday: 8:30 am Morning Prayer  
Sunday: 9:00 am, 11:00 am, and 5:00 pm

**Live-Stream:** Sunday 11:00 am  
at [saintmichael.ca/Mass](http://saintmichael.ca/Mass) or on Facebook Live

### Reconciliation:

Friday: 8:00 am to 8:45 am  
Saturday: 3:30 pm to 4:45 pm

### Eucharistic Adoration:

Friday: 9:30 am to 10:30 am

### Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

### Anointing of the Sick:

24 Hour Emergency Diocese Hotline  
403-231-9505

## Contact Us:

### Office:

Phone: 403-249-0423 [info@saintmichael.ca](mailto:info@saintmichael.ca)

### Pastor:

Fr. Edmund Vargas [fredmund@saintmichael.ca](mailto:fredmund@saintmichael.ca)

### Associate Pastor:

Fr. Kelvin Chukwurah [frkelvin@saintmichael.ca](mailto:frkelvin@saintmichael.ca)

### Secretary:

Loreen Morrison [lmorrison@saintmichael.ca](mailto:lmorrison@saintmichael.ca)

### Administration Assistant:

Pina Rino [prino@saintmichael.ca](mailto:prino@saintmichael.ca)

### Sacrament Coordinator/Columbarium Manager:

Francesca Ambrosino [fambrosino@saintmichael.ca](mailto:fambrosino@saintmichael.ca)

### Music Director:

Jim Howells [jhowells@saintmichael.ca](mailto:jhowells@saintmichael.ca)

### Volunteer Coordinator:

Marvin Matthews [mmatthews@saintmichael.ca](mailto:mmatthews@saintmichael.ca)

### Children's Liturgy Coordinator:

Caroline Dixon [cdixon@saintmichael.ca](mailto:cdixon@saintmichael.ca)

### Technical Director:

Kyle De Jaegher [kdejaegher@saintmichael.ca](mailto:kdejaegher@saintmichael.ca)

### Bookkeeper:

Michelle Gregory [accounting@saintmichael.ca](mailto:accounting@saintmichael.ca)

## Healing Lines...



Faith communities can raise awareness of abuse and support violence-free family living by offering educational programs for men, women and children during the weekly routine of spiritual life. Holding abusive individuals accountable while offering hope for those desiring to change their violent behavior is another avenue of intervention by congregations. Faith communities need to be safe places to disclose abuse. Persons of faith who are abused often feel that their spirit has been broken, that God does not care about their life, that they are worthless in every way. Let us ensure we reach out in many ways to those among us who are abused or abusive.

## Parish Consecration to Jesus in the Eucharist



DAY 16: HEALER OF MY SOUL

*"Do you believe that Jesus can heal you? Don't worry about whether He will or not for now. Just focus on believing that He can."* Please read Day 16 in your *33 Days to Eucharistic Glory* book. Here is a reflection by Fr. Jonathan Meyer: [Day 16 A Walking Miracle](#) Any questions or comments click on this link: <https://forms.gle/XSxAXUPWACLHbdBr7>

## Eucharistic Adoration



Eucharistic Adoration is a continuation of the worship of Jesus Christ in the Blessed Sacrament outside of the Holy Mass. Extended Friday Exposition of the Blessed Sacrament will begin on May 2 following the morning Mass at 9:30am. At 10:30am Jesus will be moved into the Blessed Sacrament Chapel and Exposition will continue until 8:00pm. Please sign up for an Adoration time slot here: <https://tinyurl.com/stmichaelsadoration>. For June 6 Only: Adoration will remain in the Day Chapel.

## Relic of St. Francis

St Francis of Assisi, Confessor, is with our community in relic form until June 30. Described as second class and *ex cingulo* (of the girdle), the relic reminds us of the saint's renewal efforts during his time as we journey towards our own parish renewal. The relic will be present at all weekend Masses Saturday (5pm) and Sunday (9am, 11am & 5pm) and available for veneration after. Masses for St. Francis are scheduled in the Day Chapel on May 21 and June 25 at 6:00pm, followed by a Holy Hour. A reception follows at 7:30pm. Starting immediately, we encourage our families and parishioners to pray one Our Father, one Hail Mary and one Glory Be and the Prayer of St. Francis for the intention of our parish renewal.



## Potluck Sunday



The next Potluck Sunday for St. Michael Community will be on Sunday, June 1, 2025 at 6:00pm. This is a free event. Please bring a main dish, bread, salad, pickles, vegetable tray, or dessert ready to serve. This will be the last one until fall.

## Together in Action (TIA)

TOGETHER  
in ACTION 2025

This year's goal is \$121,243 which is the same as the previous few years. Thanks to your generosity, we reached the target amount last year. All surplus funds this year will go to our Building Fund to help pay our loan.

**Now available...** at the right side of the Sanctuary Entrance, you can now simply tap your bank card or device to give your desired contribution for the Church's maintenance and programs. The **Tap and Give** device prompts you to provide a mobile number for a text receipt and/or a QR code. If you require a tax receipt at year's end, we need copies of your receipts and the last four (4) digits of the card(s) used. As a standard practice, tap machines do not access any personal information, except the last four (4) digits of the bank card.



## Volunteering



At times, determining where we fit in to our parish and whether we want a more active role can be a difficult exercise. Each of us has gifts that sometimes lie undiscovered. During our time of questioning, we turn to the Holy Spirit to motivate, direct, and inspire us in a way that allows us to harmoniously join together to do the Church's work effectively. By recognizing and sharing our gifts in ministry, we can create a welcoming culture for everyone. At St. Michael's we have several ministries that could be strengthened by your involvement. If you want to help but are unsure how or where to start, we'd like to get to know you. Contact Marvin (volunteer coordinator) at: [mmatthews@saintmichael.ca](mailto:mmatthews@saintmichael.ca)

## Parish Renewal



We are excited to share that the first draft of our Parish Renewal Plan is ready! Copies will be emailed to all Ministry Coordinators over the weekend. Copies will also be distributed to the parish via Flocknote and will also be available on the Parish Renewal website <https://saintmichael.ca/parish-renewal/> or by clicking on the following link: [Parish-Renewal-Plan-First-draft-May-29.pdf](#). If you haven't received a copy and would like one, kindly email the office at [info@saintmichael.ca](mailto:info@saintmichael.ca) or call 403-249-0423. Feedback and comments are welcomed at [info@saintmichael.ca](mailto:info@saintmichael.ca) until June 6 to give the Parish Renewal Team time to complete the final draft and submit it to the Diocese of Calgary by the due date, June 15. Thank you for your prayers and support as we continue our renewal journey!

## Auditions for Sunday 5pm Music Group



Auditions are being taken for the following positions with The Inspiration Band for the Sunday 5pm Mass: Guitarists, Bassists, and Vocalists. You must be 18 years of age or older. Experience in a band setting and music knowledge an asset. If you are interested, please contact Demetrio (band leader) at [demetrio@shaw.ca](mailto:demetrio@shaw.ca) or call/text 403-605-4592.

## Face-to-Face Youth Night (Gr. 6-8)



The last Youth Night, with Face-to-Face Ministries, will be June 14. The Youth Night is for Grades 6-8 from 6:30-8:30pm. Pizza will be provided. This is a free event; no registration is needed.



## 40 Hours for Vocations

In collaboration with the Diocese of Calgary, St. Michael's will be hosting 40 continuous hours of Eucharistic Adoration for vocations from Friday, June 6 at 3:00pm until Sunday, June 8 at 8:00am (note: there will be no Adoration during the 5:00pm Saturday Mass). To sign up to be an adorer for one or more hours, click this link: <https://www.signupgenius.com/go/409054EA8A623A7FD0-56772726-40hours>



## Vocations Rally

The entire Diocese of Calgary is invited to join us for our second annual Vocations Rally here at St. Michael's on Pentecost Sunday, June 8 from 11:00am-4:30pm. The Vocations Rally begins with the 11:00am Mass celebrated by Bishop McGrattan, followed by lunch, speakers, a panel, and much more! Admission and lunch are free, but registration is required. Please register at <https://docs.google.com/forms/d/e/1FAIpQLSfJPWuH5miVCyP-U1jg75Js1GB1pddadUeKDjoyJEwZTm55eQ/viewform>

## Feed The Hungry



Thank you to all who signed up to volunteer at Feed the Hungry on Father's Day, June 15. There are still volunteer spots available. Sign-up sheets will be available in the Narthex after weekend Masses until all vacancies are filled. Thank you for supporting this endeavour!



## 45th Annual Hike For Life

You can make a donation to St. Michael's Catholic Community (on behalf of Fr. Edmund and Fr. Kelvin) or any other team member from now until June 30. All donations go directly to Pro-Life to support the Respect For Life programs. You can donate online at <https://www.canadahelps.org/s/6WyRKA>



## Hospitality Team

The Hospitality Ministry is in need for volunteers for all Masses. This is a scheduled Ministry, once every 3-4 weeks with flexibility for holidays and family needs. This is a wonderful way to get to know your fellow Parishioners during your desired Mass time. If you are 18 years of age or older, we would love to have you join our Ministry, our youth are so important at St. Michael Catholic Community. If interested, please contact Marvin Matthews, Volunteer Coordinator at [MMatthews@saintmichael.ca](mailto:MMatthews@saintmichael.ca) or Deana Helton, Hospitality Team Lead at [deana.helton@gmail.com](mailto:deana.helton@gmail.com) for any questions.

## Pastoral Council



Pastoral Council met for a final business meeting on Tuesday, May 20 before summer break. \* Thank you to the dedicated men and women who have sat on council for the prescribed three-year term and who will be stepping down in June. If you or someone you know is interested in sitting on Pastoral Council, please send an email to [fred-mund@saintmichael.ca](mailto:fred-mund@saintmichael.ca). \* The first draft of the Parish Renewal Plan is underway. Watch the bulletin and Flocknote for more details. \* Check out Fr. Edmund's and staff interviews with Mario Toneguzzi, which cover a variety of topics including being a Catholic and the importance of confession. Interviews are available on the website by clicking "Video Interviews". If you would like to attend one of our meetings as an observer, or if you have any questions or concerns, please reach us at 403-249-0423. To read the minutes from our meeting in March, or any past meeting, please go to: <http://saintmichael.ca/wp-content/uploads/2025/05/SMCC-Pastoral-Council-Minutes-of-Meeting-March-18-2025-Bulletin.pdf>



## Vacation Bible Camp 2025: "True North"

ONLINE REGISTRATION is now closed for Pre-Kindergarten (3 & 4 yrs) and Kindergarten (5 & 6 yrs) campers. We are completely full with zero spots available. Sorry for the inconvenience. The camp is run by parent-volunteers. Thank you for your understanding. See you next time! GENERAL ONLINE REGISTRATION is currently open for Grade 1-6, Grade 7-9, and Grade 10-12. This registration closes at 12:00pm noon on Tuesday, July 1, 2025. Please register online ASAP to avoid disappointment: <https://forms.gle/2DCjiZcKPQDs68Vu7>. Thanks everyone!

## Pilgrimage to Rome 2025



The 2025 Jubilee pilgrimage to Rome and Assisi with Fr. Edmund will also be a perfect opportunity to see Pope Leo XIV in a public audience. If you are interested, please go to <https://gateway.gocollette.com/link/1241218> by May 20 to avail of the remaining seven (7) spaces. After May 20, all bookings will be subject availability of flights and other travel reservations.

## Society of Saint Vincent de Paul



NEED ASSISTANCE? Contact [SSVP@saintmichael.ca](mailto:SSVP@saintmichael.ca) or phone 825-417-1720. DONATIONS of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. MONETARY DONATIONS: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. NEW MEMBERS: contact [SSVP@saintmichael.ca](mailto:SSVP@saintmichael.ca). ANNUAL REPORT 2024: <https://www.ssvpstmichael.ca/annual-report-2024/>

**Diocese of Calgary Beyond Bulletin (Short Version):**  
[Current Bulletin Insert.pdf - Google Drive](#)

**Diocese of Calgary Beyond Bulletin (Full Version):**  
[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

**Week-at-a-Glance: (Sat. May 31- Mon. June 9, 2025):****Saturday, May 31:**

Rosary and Divine Mercy Chaplet: Day Chapel, 8:15-9:00am

Mass for St. Faustina Relic: Day Chapel, 9:00am, Reception to Follow

**Sunday, June 1:**

Last day for Children's Liturgy

Coffee Connection: After 9:00am and 11:00am Mass

Potluck Sunday and Name Tag Sunday: Narthex, 6:00pm (last one of year)

**Monday, June 2:**

No Events

**Tuesday, June 3:**

Rosary Group: Day Chapel, 5:20pm

RCIA: St. Nicholas Room, 7:00-9:00pm

**Wednesday, June 4:**

Men's Ministry: Theater, 6:00-7:30am

Coffee Connection: After 9:00am Mass

Women's Ministry: St. Nicholas Room & Theater, 9:30am

**Thursday, June 5:**

No Events

**Friday, June 6:**

40 Hours Adoration for Vocations (Fri. 3pm to Sun. 8am): Day Chapel

**Saturday, June 7:**

40 Hours Adoration for Vocations (Fri. 3pm to Sun. 8am): Day Chapel

**Sunday, June 8:**

40 Hours Adoration for Vocations (Fri. 3pm to Sun. 8am): Day Chapel

Coffee Connection: After 9:00am and 11:00am Mass

Vocations Rally: Mass 11:00am, Lunch and Speakers 12:00 - 4:00 pm

**Monday, June 9:**

No Events

**Mass Intentions:**

*Mass Intentions are booked in person at the office.*

*Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.*

**Saturday, May 31:**

5 pm: Oscar & Stephanie Swenson † (Fr. Kelvin)

**Sunday, June 1:**

9 am: Peter & Maria Phan † (Fr. Kelvin)

11 am: For the People of God at St. Michael's (Fr. Edmund)

5 pm: Antonios Papantoniou † (Fr. Edmund)

**Tuesday, June 3:**

6 pm: Iraida Ellamil † (Fr. Kelvin)

**Wednesday, June 4:**

9 am: Intentions Lisa Atkins and Family (Fr. Kelvin)

**Thursday, June 5:**

9 am: Ryan Summers † (Fr. Kelvin)

**Friday, June 6:**

9 am: Filomena Lucente † (Fr. Edmund)

**Saturday, June 7:**

5 pm: William Hall † (Fr. Janick)

**Sunday, June 8:**

9 am: Yolanda Urbina † (Fr. Edmund)

11 am: For the People of God at St. Michael's (Fr. Edmund)

5 pm: Corazon Andres † (Fr. Edmund)

**Please Pray For:**

*Please contact the office with your request.*

Scot C. Smith, Rina VandeGeer, Duri Family,  
Helen Gal, Elizabeth DeCoste, Alice Flamand,  
Carlos Jensen, Martha Gonzalez, Maria Rubi de Vera,  
Peter C., Yvon Arseneault, Maria Riza Gardoce,  
Justin Hewitt, Carmelita Diolata, Frederik V.

**For the Souls Of:**

Sylvester Joseph

**Funeral:**

Thursday, June 12, 2025 - 11:00am Sanctuary

**Pray For Our Seminarians:**

Please pray for vocations in our Diocese.

**Eternal Springs Columbarium:**

For pricing or more information,  
please email: [columbarium@saintmichael.ca](mailto:columbarium@saintmichael.ca).

**E-Transfer:**

Sign in to your own banking institution and e-transfer the  
amount to: [support@saintmichael.ca](mailto:support@saintmichael.ca).

**Text to Donate:**

To set up your account, text **give** to **833-768-0514**  
and follow the prompt.

**Sexual Abuse in the Church:**

Call the Roman Catholic Diocese of Calgary's Hotline at  
**1- 833-547-8360**. To report sexual abuse,  
call the Police at **1-403-266-1234**.

**Gifts to the Parish**

|                                            | <b>February<br/>2025</b> | <b>March<br/>2025</b> | <b>April<br/>2025</b> |
|--------------------------------------------|--------------------------|-----------------------|-----------------------|
| <b><u>General Collections</u></b>          |                          |                       |                       |
| Collections                                | \$81,129                 | \$93,127              | \$125,860             |
| Other Income                               | \$29,904                 | \$12,526              | \$81,225              |
| Operating Costs                            | \$126,188                | \$122,740             | \$147,862             |
| Surplus (Shortfall)                        | (\$15,155)               | (\$17,087)            | \$59,223              |
| <b><u>Central Fund Loan (Mortgage)</u></b> |                          |                       |                       |
| Building Fund Collections                  | \$12,382                 | \$19,888              | \$11,304              |
| <b><u>Current Loan Balance</u></b>         | \$3,324,682              | \$3,300,859           | \$3,276,596           |
| <b><u>Diocesan Annual Campaign</u></b>     |                          |                       |                       |
| Together in Action<br>Year-to-Date         | \$52,238                 | \$58,525              | \$64,620              |
| <b>% TIA Goal \$121,243.00</b>             | 43.1%                    | 48%                   | 53%                   |
| Society St. Vincent de Paul<br>(monthly)   | \$1,103                  | \$2,320               | \$1,898               |