



Saint Michael Catholic Community



800 85 Street SW | 403-249-0423 | info@saintmichael.ca | February 25, 2024

2nd Sunday of Lent

Moments of Self-Giving

The transfiguration was an awe-inspiring experience of God's presence for Jesus and for His disciples. The illumination of this experience would carry Him through the dark days of confusion, insecurity, and terror that would come after this encounter with the Other. Jesus received the affirmation of His mission to give Himself up.

The transfiguration was a time to listen to God's will in His life and to resolve to give, rather than receive.

All of us need some graced memories or God-filled experiences to recall or return to when faced with difficulty and challenge in our journey of faith. These graced-filled experiences or God-moments can inspire us and carry us through the darkness and difficulty of our trying periods of our journey. Our own stories of struggle in the faith can sustain us in our trials and tribulations. These God-moments may not approximate Christ's transfiguration on a mountaintop, but their significance can help us in efforts to do God's will when we recognize and acknowledge it in our prayer and discernment. These moments are marked with self-giving and generosity that fulfill the deepest hunger of our soul.

All grace-filled memories or God-filled experiences are times when we realize giving ourselves to others in the spirit of self-sacrifice and true love. These are moments when we imitate God's generosity and love which embody the essence of our personal commitment to Christ who gave Himself up for our freedom from sin and death. Our struggling efforts to offer ourselves to God and others can be transformed into meaningful faith experiences by returning to our graced-filled memories when we experienced God's love and presence in our lives.

Our spirit of self-giving gives us a sense of fulfillment that is rooted in the gospel value of offering our life in order to gain it, to give in order to receive, to die to oneself in order to secure our eternal life. Our acts of sharing and giving are expressive of our personal commitment to Christ who shared and gave his own life for our salvation. Christ's self-giving, which we celebrate in the Eucharistic sacrifice, is our blueprint for a life that is shared and broken for others. By sharing in Christ's brokenness in the Eucharist, we can be transfigured and transformed into God's holy people. fredmund@saintmichael.ca

Healing Lines

Becoming Transfigured. As the Lord is transfigured and we are instructed to "listen to Him", so we must change ourselves into those who have compassion and listen to our fellow human beings when they suffer from the effects of abuse and harassment. Let us become more like Christ with each passing day.

Mass Schedule for this Weekend

Saturday, February 24 at 5pm: Fr. Edmund Vargas
Sunday, February 25 at 8:30am: Morning Prayer with Fr. Edmund Vargas
Sunday, February 25 at 9am: Fr. Jose Bustalino
Sunday, February 25 at 11am: Fr. Edmund Vargas
Sunday, February 25 at 5pm: Fr. Jose Bustalino



Lent Schedule

Lent Fridays: Feb. 16 - Mar. 22 | Mass 6:00pm | Stations of the Cross 6:30pm
Fish Friday: Mar. 8 | Fish Supper 7:00pm
Holy Thursday: Thursday, March 28 | Mass 7:00pm | Adoration 8:00pm - 12:00am
Good Friday: Friday, March 29 | Services 12:00pm and 3:00pm
Easter Vigil: Saturday, March 30 | Mass 9:00pm
Easter Sunday: Sunday, March 31 | Mass 9:00am, 11:00am, 5:00pm

Glad to have you here!

We welcome new parishioners and visitors. We'd love to see you again! Please register at the Parish Office, or online at saintmichael.ca

Connect with us

Follow us on social media at [@saintmichael.ca](https://www.instagram.com/saintmichael.ca)

Also, join Flocknote by texting **SMCYC** to **514-900-0130** or by visiting flocknote.com/smcyc



Church Schedule

Subject to change

Weekday & Weekend Masses:

Tuesday: 6 pm
Wednesday to Friday: 9 am
Saturday: 5 pm
Sunday: 9 am, 11 am & 5 pm

Sunday 11 am live-stream
at saintmichael.ca/Mass or on Facebook Live

Reconciliation:

Friday: 8:00am to 8:45am
Saturday: 3:30pm to 4:45pm

Eucharistic Adoration:

Friday: 9:30am to 10:30am

Office Hours:

Tuesday to Friday: 9:30am to 12:00pm noon

Home & Hospital Visits

If you or someone you know is sick, cannot make it to Mass, and needs Anointing of the Sick and/or Holy Communion, we can arrange to have one of our priests visit them. Please call the Parish Office at **403-249-0423** to schedule a visit.

**Diocese of Calgary 24-hour emergency
Priest paging hotline: 403-231-9505.**

~ Lenten Insights ~

Lenten Insights (1): Less is more. Less talk, more acts of kindness. When we give the Sign of Peace at Mass (before Holy Communion), we share the gesture or sign of peace in silence, not with words or verbal greetings of peace. Less food and drink, more fasting. Fasting creates an emptiness or vacancy for God in our lives which can all be about ourselves. Selfishness makes us sinful and veers us away from God's power and presence. Communal prayer and obedience is more difficult than personal piety and devotion. Starting this Lenten season, the Morning Prayer will be recited as a community every Sunday at 8:30am, before the 9am Mass. Singing as a congregation is the ideal way of doing music at Mass, not leaving the choir to do the music for us. Alleluia is not recited or sung during the Lenten season in anticipation/preparation for the Alleluia Sunday (Easter Sunday). It is also not recited or acclaimed at Dismissal, unless provided by the rubrics during the Easter season. Outside the Easter season, alleluia is proclaimed during the Gospel Acclamation. Communal unity is more important than individual effort or action. Whatever we do can appear to be very important for us, but all should work towards unity. As we embark our Pastoral Renewal as a parish, let us reflect more about what we can do or share with the community, rather than what the community or parish can do for us. We do ministry, that is, all efforts are done on behalf and for God and His people, and not for us or for our own preferred or personal goals. *"Whenever applause breaks out in the liturgy because of some human achievement, it is a sure sign that the essence of the liturgy has totally disappeared and been replaced by a kind of religious entertainment."* (Pope Benedict XVI) *"At Calvary, there were also those who applauded Christ's death: the soldiers and the demons."* (Padre Pio) Liturgy is never about individual or group performance, but about God's action through us.

Lenten Insights (2): It used to be that the priest celebrated Mass and the people attended as silent spectators. But it is the whole Body of Christ with Christ our Head that celebrates the liturgy. Full participation at Mass means much more than congregational participation in the music. Participation includes listening to the proclaimed Scripture readings, dialogue with the celebrant and other liturgical ministers. It includes praying the texts of the Mass with the rest of the assembly and, yes, singing those psalms, hymns, and Mass parts as well. Attentiveness is the key, even in the sacred silences of the Mass. The General Instruction of the Roman Missal indicates a number of specific locations in the liturgy where "silence" is mandated. For example, silence is mandated before the Act of Penitence and before the Opening Prayer. The Opening Prayer, called the "Collect" begins with the priest celebrant giving the invitation, *"Let us pray."* The General Instruction indicates there is to be a period of silence following this invitation. The purpose of this period of silence is "so that all may be conscious of the fact that they are in God's presence and may formulate their petitions mentally." This silent period takes on a heightened importance for the engagement of the people in this communal prayer. Between the invitation to pray and the priest praying the Collect prayer, the rest of the people have something to do. This is the time that each person brings his or her hopes, joys, and concerns to mind to be included in this prayer. Then the priest, addressing God the Father, "collects" the people's prayers by summing up the character of the celebration. The people, uniting themselves to this entreaty, make the prayer their own with an *"Amen."* This Sunday when the priest gives the invitation, *"Let us pray,"* let us do just that. Let us all bring to mind our intentions, joining of our hopes, joys, sorrows, and concerns as we engage more fully, actively, and consciously at every Mass.

Events and Announcements

Morning Prayer from the Liturgy of the Hours | Sundays Throughout Lent | Starting Sunday, February 18, 2024 | Sanctuary | 8:30am

Every Sunday morning throughout Lent, starting on Sunday, February 18, we invite you to join us for Morning Prayer from the Liturgy of the Hours at 8:30 am, just before the 9:00am Mass, in the Sanctuary. You may visit ebreviary.com to follow along for the prayers. All are most welcome to attend!

2023 Tax Receipts

2023 tax receipts have been mailed.

"Community Celebration: Restoring our Hope and Peace" | Wednesday, February 28, 2024 | Sanctuary | 7:00pm

A "Community Celebration: Restoring our Hope and our Peace" will be held at St Michael's Church on Wednesday, February 28, at 7:00pm.

The Liturgy of the Word service has been organized by the Calgary Catholic School District in the wake of the recent tragic incident in the John Costello School area. Everyone is welcome.

Handling Panhandling at SMCC and Other Places

What do we do? Respectfully acknowledge the person asking for money and politely say "no". Panhandling is illegal (Calgary by-law 3M99). Panhandlers may not be homeless or may panhandle as part of a larger syndicated operation. Our local Society of St. Vincent de Paul also distributes groceries to needy families in the area throughout the year. Or you may contact one of the city's social agencies that help, including the Drop-in Centre (263-6217), Mustard Seed Street Ministry (269-1319), Salvation Army (410-1111), CUPS (221-8781), Alpha House (234-7388), and EXIT (262-9953). Let us help our Church and other organizations help street people help themselves and re-discover their sense of human dignity and respect. If you see a panhandler in need or trouble, or if you have encountered an aggressive panhandler, you may call the Panhandling Outreach Worker (221-8788) or the Police (403-266-1234).

Pastoral Renewal Team

The Pastoral Renewal Team for our parish, after due consultation and prayerful reflection, is now constituted by the following community members: Karen Bout, Scott Dixon, Christian Estrella, Michael Fitzsimmons, Sarah Ibrahim, Sean Thomas Kelly, Julie Sisenda, and Margaret Tapuska. Our parish team will lead our community in our efforts towards pastoral renewal. We request that we all pray and offer sacrifice for the intention of our eight-member team that they will be guided by the promptings of the Spirit for the renewal of the face of the earth.

Elements of the Catholic Mass Series | February 24 & 25, 2024 | Before All Masses

Liturgical Vestments Part 2: The sacred vestments provide distance from the mundane reality of everyday life. Find out what they become when worn and what they signify. Liturgical Vestments Part 2: <https://watch.formed.org/the-elements-of-the-catholic-mass/season:1/videos/vestments-part-ii>.

Fish Friday | Friday, March 8, 2024 | Narthex | 7:00pm

The Knights of Columbus will host a dinner event in the Church gathering area after Lenten Friday 6.00 pm Mass, followed by the Stations of the Cross at 6:30pm. This is a free event. Free will offerings are greatly appreciated to cover some of the cost, if you so wish.

To register for March 8, please go to <https://docs.google.com/forms/d/1oKHnZRhqqZZVxQ-7Nd0UeDF6LBoV-cdPRhJZHkd3HqQ/edit>.

Events and Announcements

Altar Server Training | Sunday, February 25, 2024 | Sanctuary | 12:00-2:00pm

Are your children interested in joining the Altar Server Ministry? The next Altar Server training session will take place on Sunday, February 25 after the 11:00am Mass in the Sanctuary. The training takes place on the fourth Sunday of every month. If you, or your children, are interested please send an email to altarservers@saintmichael.ca, request access to the Altar Server group on Flocknote, or just show up on February 25th. This is a 2 hour session so please prepare accordingly.

Presentation: Pilgrimage to Fatima and Lourdes with Barcelona | Tuesday, March 12, 2024 | Day Chapel | 7:15pm

Fr. Edmund Vargas will lead a Pilgrimage to Fatima and Lourdes with Barcelona on November 3-12, 2024. A presentation will be held on Tuesday, March 12 at 7:15pm in St. Mary's Day Chapel. Everyone is welcome. If you are interested in joining, please see the details and itinerary in the link:

<https://gateway.gocollette.com/link/1218566>

2024 Youth Rally "Impact Nights" | March 16 | April 19 | June 14 | Sanctuary | 7:00-9:00pm

Youth Rally "Impact Nights" at St. Michael's Church are scheduled on the following nights from 7:00-9:00pm: | Saturday, March 16 | Friday, April 19 | and Friday, June 14. | The Youth Nights are coordinated through Michael Chiasson of Access 52. They are an expanded version of our recent Youth Gatherings. An evening of music and inspiration with Joe Melendrez is scheduled for Saturday, March 16, 2024 at 7:00pm for youth in Grades 7-12. Please sign up using the QR Code on the side. It is a free event, with free will offerings graciously accepted.



Parish Wide Reconciliation Night | Thursday, March 21, 2024 | Reconciliation Rooms and Surrounding Rooms | 7:00pm

There will be a number of priests available to hear confessions prior to Holy Week.

Society of Saint Vincent de Paul

Special thanks to all St. Michael parishioners for supporting the Society of St. Vincent de Paul! If you have lost your job, please contact us for food support. *WE ARE LOOKING FOR NEW MEMBERS.* If you are interested, contact us by email SSVP@saintmichael.ca or phone 403-249-0423, ext. 122. *DONATIONS OF NON-PERISHABLE FOOD ITEMS* can be dropped off in the SSVP Food Chest in the church Gathering Area or you can arrange for a pick-up, by emailing us at SSVP@saintmichael.ca. Currently we are looking for: syrup, canned ham, canned chili or stew, Hamburger Helper, shampoo, and conditioner. *MONETARY DONATIONS* can be deposited in the drop-box in the Food Chest or by online donations through the Parish website: <https://saintmichael.ca/giving/>. Please indicate funds are for the Society of St. Vincent de Paul in the drop-down menu. If you or anyone you know needs assistance, please contact us by email SSVP@saintmichael.ca or phone 403-249-0423, ext. 122.



February Regular Events:

Sundays | Coffee Sundays | Narthex | After 9:00am & 11:00am Masses
Mondays | Bible Study: Lectio Eucharist | 7:00-9:00pm
Tuesdays | Rosary Group | Day Chapel | 6:30-7:00pm
Tuesdays | Grief Share | Rooms 143 & 144 | 7:00-9:00pm
Tuesdays | RCIA | St. Nicholas Room | 7:00-9:00pm
Wednesdays | TMIY | Day Chapel | 6:00am
Wednesdays | Bible Study: Wild Goose | 10:00am-12:00pm | St. Nicolas Room | or Zoom 7:00-9:00pm
Thursdays | Coffee Thursdays | Narthex | After 9:00am Mass
Thursdays | Moms & Tots | St. Nicholas Room | 9:30-11:30am
Thursdays | Knitting Ministry | Library | 10:00am-12:00pm

February 2024:

February 25 | Altar Server Training | Sanctuary | 12:00pm
February 27 | PPC Meeting | St. Michael's Room | 7:00pm
February 27 | SSVP Monthly Meeting | St. Gabriel Room 145 | 7:00pm
February 28 | Community Celebration: Restoring Our Hope and Peace | Sanctuary | 7:00pm

March 2024:

March 6 | Sacrament for Teens Session 4 | Library | 7:00pm
March 8 | Fish Friday | Narthex | 7:00pm
March 9 | Baptism Prep | St. Nicholas Room | 9:00am
March 12 | CWL General Meeting | St. Michael's Room | 6:30pm
March 12 | Presentation: Pilgrimage to Fatima and Lourdes with Barcelona | Day Chapel | 7:15pm
March 14 | First Communion Session 2 | Various Rooms | 6:00pm
March 15 | Confirmation Session 4 | Various Rooms | 7:00pm
March 16 | Youth Rally Impact Night | Grades 7-12 | Guest: Joe Melendrez | Sanctuary | 7:00pm
March 18 | Knights of Columbus Monthly Meeting | 7:00pm
March 20 | Sacrament for Teens Session 5 | Library | 7:00pm
March 21 | Parish Wide Reconciliation Night | Reconciliation Rooms and Surrounding Rooms | 7:00pm
March 23 | Sacrament for Teens | Pizza Party and Retreat, St. Nicholas Room, 12:00pm | Reconciliation, Reconciliation Rooms, 3:00pm
March 24 | Cancelled: Altar Server Training
March 26 | SSVP Monthly Meeting | Room 145 | 7:00pm
March 28 | Holy Thursday | No Daily Mass at 9:00am | Sanctuary Mass at 7:00pm | Adoration 8:00pm
March 29 | Good Friday | Services at 12:00pm and 3:00pm
March 30 | RCIA Retreat | Day Chapel and St. Nicholas Room | 8:00am
March 30 | Easter Vigil | Sanctuary | 9:00pm
March 31 | Easter Sunday | Mass at 9:00am, 11:00am, 5:00pm

Eternal Springs Columbarium

The Columbarium at St. Michael's offers a consecrated and sacred space where the cremated remains of departed loved ones rest in perpetuity. For pricing or more information, please email columbarium@saintmichael.ca.

Pray For Our Seminarians:

Peter An, Andre Boudreau, Joshua Capicio, Bennet Chacko, Jonathan Dobek, Samuel Ejeregebe, Evin George, Solomon Ip, Jeffrell Painaga, Antonio Pasqualotto, Mikhel Sari, Benjamin Taylor, Joshua Walter

Please Pray For:

Mara Neely	Josh Helman	Kathy Salzl
Alessandro Bonvicini	Helen Gal	Pietro Jr. Duri
Jojo Deleon	Demy Navarro	Aaron Armstrong
Rosa Duri	Bill Dingman	Rina VandeGeer
Elizabeth Chandless	Joey Stevenson	Bert Saunders

For the Souls of:

Kiah J. Godfrey Eva Anderson Rosa Rino Sr.

Sexual Abuse in the Church

Many suffer in silence. Perhaps you are affected by the news of sexual abuse of minors in the Church; perhaps you are a sexual abuse survivor or a relative of a friend of someone who was abused; perhaps you know about an abuse; perhaps you have sexually abused someone. Break the cycle of silence: you can choose to talk about it. Call the Roman Catholic Diocese of Calgary's hotline at **1 833-547-8360**.

To report sexual abuse, call the police at **1 403-266-1234**.

E-Transfer:

You can now donate using e-transfer service. Sign in to your own banking institution and e-transfer the amount to: isupport@saintmichael.ca.

Text to Donate:

Don't carry cash? You can now use text messaging to donate any amount to St. Michael's. To set up your account, text *give* to **833-768-0514** and follow the prompt. Once you're in, text any amount to the same number - anytime.

Gifts to the Parish

	October	November	December
<u>General Collections</u>			
Collections	\$97,285	\$89,909	\$148,442
Other Income	\$29,506	\$58,358	\$57,002
Operating Costs	\$164,849	\$135,449	\$119,954
Surplus (shortfall) YTD Optg Costs	(\$38,058)	\$12,819	\$85,491
<u>Central Fund Loan (Mortgage)</u>			
Building Fund Collections	\$13,724	\$18,512	\$129,611
<u>Current Loan Balance</u>	\$3,698,763	\$3,675,809	\$3,653,177
<u>Diocesan Annual Campaign</u>			
Together in Action YTD	\$55,760	\$62,408	\$74,471
% TIA Goal \$121,243.00	46%	51%	61%
Society St. Vincent de Paul (monthly)	\$3,473	\$6,455	\$25,278

Mass Intentions

Book an intention online at saintmichael.ca

Saturday, February 24

5 pm: Victor Lameda Alvarez †

Sunday, February 25: 2nd Sunday of Lent

9 am: Marie Rocha †

11 am: For All Parishioners

5 pm: Rosa Rino Sr. †

Tuesday, February 27

6 pm: Carmen Evans †

Wednesday, February 28

9 am: Dwight Matthias †

Thursday, February 29

9 am: Graciela Otalorade Garzon †

Friday, March 1

9 am: Rosa Alba Nino Ramirez †

6 pm: For All Parishioners

Saturday, March 2

5 pm: Maria Puim †

Sunday, March 3: 3rd Sunday of Lent

9 am: Nicolas Tan †

11 am: For All Parishioners

5 pm: Antonio Vespa †

Contact Us

For General 403-249-0423

Inquiries info@saintmichael.ca

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