



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta
T3H 4C7

September 14, 2025: The Feast of The Exaltation of the Holy Cross

The Glorious Cross

In the Christian tradition, Christ's passion and death symbolized by the cross is celebrated as a victory over sin and death. This sacrifice on the cross is repeated in a sacramental way with every offering of the Holy Sacrifice of the Mass which marks our Christian worship every Sunday and every day. Our churches feature the Stations of the Cross that surround our worship space as if embracing our entire congregation as we commemorate Christ's legacy of love and forgiveness.

As Christians, we unite ourselves in the spirit of Christ's love and forgiveness. We resolve to carry our own crosses rather than carry grudges over the hurts that others have inflicted on us in our lives. We resolve to imitate Christ in His compassion and mercy. We resolve to become other Christs, offering absolution to other enemies and friends who have betrayed us just as Christ has done as He dies on the cross.

Christ's loving and forgiving words are reverberated in all the liturgical celebrations, especially in the Sacrament of Reconciliation where we hear the consoling words of Christ through His priests *"I absolve you from all your sins..."*

We "exalt" the cross by becoming the presence of Christ's love and forgiveness in our world. We are mandated to repeat with him His forgiving words on the cross in our daily struggle to fight against our human tendency to get even, pout, sulk, or seek sympathy in some form. May Christ's death on the cross inspire the best in us by making us discover His love and compassion as we put aside hostility and indifference.

As we celebrate the Feast of the Exaltation of the Holy Cross, let us identify with Him our own struggles in dealing with our own morality. The cross reminds us of how shattered we are, asking the Lord to strengthen our faith in Him and in ourselves. By embracing the cross, we discover ourselves as partners in dealing with our own mortality.

May the Glorious Cross of Christ unify us as we struggle to give meaning to our own respective crosses. Christ's glorious cross inspires us to put our faith in the resurrection that gives the ultimate dimension of our instinct for survival.

Fr. Edmund, fredmund@saintmichael.ca

Healing Lines...

God is always willing to forgive all our transgressions and heal us. If we have been the aggressive one in our families we can seek out the resources available in our community and God's help will support us in our journey. Take responsibility and be the model for your children and others around you. If we, and our children, have been harmed by interpersonal violence, our responsibility is to our and their safety, that is, physically, emotionally, and spiritually. Seek help.

Weekday & Weekend Masses:

Tuesday: 6:00 pm
Wednesday to Friday: 9:00 am
Saturday: 5:00 pm
Sunday: 8:30 am Morning Prayer
Sunday: 9:00 am, 11:00 am, and 5:00 pm

Live-Stream:

Sunday 11:00 am at saintmichael.ca/Mass
or Facebook Live

Reconciliation:

Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 8:00 pm

Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

Office:

Phone: 403-249-0423 info@saintmichael.ca

Pastor:

Fr. Edmund Vargas fredmund@saintmichael.ca

Associate Pastor:

Fr. Kelvin Chukwurah frkelvin@saintmichael.ca

Secretary:

Loreen Morrison lmorrison@saintmichael.ca

Administrative Assistant:

Pina Rino prino@saintmichael.ca

Sacrament Coordinator/Columbarium Manager:

Francesca Ambrosino fambrosino@saintmichael.ca

Music Director:

Jim Howells jhowells@saintmichael.ca

Volunteer Coordinator:

info@saintmichael.ca

Children's Liturgy Coordinator:

Caroline Dixon cdixon@saintmichael.ca

Technical Director:

Kyle De Jaegher kdejaegher@saintmichael.ca

Bookkeeper:

Michelle Gregory accounting@saintmichael.ca

Anointing of the Sick:

Diocese of Calgary Call Center:
403-231-9505

Alberta Children Hospital; Foothills Hospital;
Peter Lougheed Hospital; Rockyview General
Hospital; South Health Campus

Children's Sacraments

Registration for all children's Sacraments are now open! If you would like more information, or would like to register your children for Baptism, First Reconciliation/ First Communion, or Confirmation, please visit the Sacrament section of our website.



Interested in Becoming Catholic?



If you or someone you know is an adult interested in becoming Catholic, please contact Don at bryant-don40@gmail.com to learn more about RCIA.

RCIA Sponsors Needed!

RCIA began on Tuesday, September 9 here at St. Michael's, and we are looking for Sponsors for our new catechumens and candidates. In order to be a Sponsor, you must be a fully initiated, practicing Catholic over the age of 16. If married, you must be married in the Catholic Church. Sponsors are asked to attend sessions every Tuesday night from 7:00pm-9:00pm, and accompany their candidate to Mass on Sundays. If you feel called to be a Sponsor, please contact Don at bryantdon40@gmail.com



Parish Consecration to Jesus in the Eucharist

DAY 31 THE WAY OF VIRTUE

"To live a life of virtue is to move beyond the restlessness and chaos that agonize the human heart and embrace a life of order and coherence." Please read Day 31 in your *33 Days to Eucharistic Glory* book. Here is a reflection by Fr. Jonathan Meyer: [Day 31 BELIEVE THE IMPOSSIBLE](https://forms.gle/XSxAXUPWACLHbdBr7) Any questions or comments click on this link: <https://forms.gle/XSxAXUPWACLHbdBr7> or go to [Eucharistic Adoration Ministry](#)



A Eucharist Series

A Eucharistic series is scheduled on three consecutive Thursdays, September 18 and 25, and October 2, starting with a Mass at 6pm at the Day Chapel, followed by a presentation on the following themes: Eucharist as Sacrifice, Eucharist as Communion, and Eucharist as Presence. Fr Edmund is our facilitator, who holds a Licentiate in Sacred Theology (1980) and Master of Arts in Higher Religious Studies (1980) from the Pontifical University of St Thomas Aquinas in Manila. All evenings culminate with a Q&A forum and a reception.



Eucharistic Consecration

Have you been preparing for Consecration to Jesus in the Eucharist? Our parish consecration will occur at all Masses on the week-end of September 27 & 28. To assist with planning, please use the link to RSVP:

<https://docs.google.com/forms/d/e/1FAIpQLSenYF2Ip24WC4Co8T6H5loMY5qqfbL0aplp0zPi260-E-U5PQ/viewform?usp=dialog>



Coffee Connections

Coffee Wednesdays resumed Wed. Sept. 3, 2025 after the 9:00am Mass. Coffee Sunday resumed on Sun. Sept. 7, 2025 after the 9:00am and 11:00am Masses.



Potluck Sunday



Potluck Sundays for St. Michael Community will be on the first Sunday of each month at 6:00pm. The next Potluck Sunday will be on October 5. This is a free event. Please bring a main dish, bread, salad, pickles, vegetable tray, or dessert to share with others. Please bring your food ready to serve. Come celebrate our community!

SSVP Share Sunday Food Drive



Please help the Society of Saint Vincent de Paul (SSVP) to provide food hampers to struggling families by participating in our Share Sunday Food Drive. After all masses on Sept 6 & 7, members of SSVP handed out food lists, bags, and donation envelopes. Please return your food and financial donations on Sept 13 & 14. Thank you.



Men's Ministry

The St. Michael Men's Ministry is excited to announce that this year's That Man Is You program is a 2025 update of the original session, Becoming a Man After God's Own Heart. We've kept the heart of the original: the biblical message on manhood and leadership, the wisdom of the saints, the 7 Steps, a powerful Lenten Journey, delivered by multiple dynamic speakers focusing directly on the challenges men face today. Never been to TMIY? Now's the perfect time. Stepped away for a while? We want you back. Already in the program? Let's go deeper together. We meet Wednesdays, beginning September 10, in the reception area with breakfast at 6:00am, video at 6:30am, and discussion at 7:00am. Please reach out to us at mensministry@saintmichael.ca.



Knitting Ministry

We meet every Thursday at 10:00am in the library beginning September 11. We invite everyone to join us.



Women's Bible Study

"The Beatitudes", a 9 week study, will run from September 17 to November 19, 2025. In-person sessions are on Wednesdays from 9:30am-12:00pm at St. Michael's in the Theater, and ZOOM sessions on Wednesdays from 7:00-9:00pm. Register through womensministry@saintmichael.ca, or using the following link: <https://forms.gle/irgrMp9AePg9LLHV8>

Altar Server Training

There will be an altar server training session on Sunday, September 28 from 12:00-2:00pm in the Sanctuary. Please come prepared to stay for two-hours.



Together in Action (TIA)

TOGETHER
IN ACTION 2025

This year's goal is \$121,243 and currently, we have reached 63% of this target amount. Thanks to your generosity, we reached this target amount last year. All surplus funds will go to our Building Fund to help pay our loan.

Blessing of Pets

All are invited to bring your pet(s) for a blessing on Saturday, October 4 at 12:00pm noon outside the Church's main entrance in honor of St. Francis' Feast Day. To ensure their safety, please make sure your pets are leashed.



Monday Bible Study

In everything from friendships to finances, from making decisions to attaining peace of mind, Scripture offers a vision for happiness and well-being. "Wisdom: God's Vision for Life" bible study will be drawing on the wisdom literature of the Bible - Proverbs, Wisdom, Sirach, and Ecclesiastes - where you will learn how to grow in wisdom and experience the joy it brings to life. It will start on September 29 with 8 in-person sessions in St. Nicholas Room at 7:00pm. To register or to get additional information, please contact Augusto Bitter, abitter@telus.net.



Altar Servers Alb Laundering

Behind the scenes is very important work that needs to happen in order for the Altar Servers to serve according to the Catholic guidelines, and to look clean and uniform. We are in need of 1 or 2 volunteers who can wash and iron the Albs approximately every 2nd month. If you are called to help with this, please send an email to altar-servers@saintmichael.ca.



Extraordinary Ministers of Holy Communion

At present, the greatest need for Eucharistic Ministers is for the Sunday 11:00am Mass. EMHCs must be a minimum of 18 years of age, be fully initiated in the Catholic Church - have received the Sacraments, strive to live the Christian life, and be devoted to the great mystery of the Eucharist. This is a scheduled Ministry; at present serving once every 3 weeks. Training is provided. If you are interested in joining the Eucharistic Ministry, please contact Kris Renger at Eucharist@saintmichael.ca.



Children's Liturgy of the Word 2025/2026

KIDS' KINGDOM is pleased to offer a Mass Preparation & Children's Liturgy of the Word session, every Sunday at 10:30 AM. Sessions include the traditional prayers of the Mass, good music, Church building activities, mini-reflections, and demo's geared toward young children in K. to Gr. 3 before & during the Liturgy of the Word portion of the Mass. Please click **HERE** to register online now for SMCC's Children's Liturgy of the Word. Volunteers Needed! Please contact Mrs. Caroline Dixon at cdixon@saintmichael.ca or call the office 403-249-0423.



Parish Pastoral Council

The Parish Pastoral Council is set to meet on Tuesday, September 30, 7pm at the St Michael's Room. The council is now composed of the following: Brina D'Souza, Claudia P. Dutoit, Michael Fitzimmons, Keefer Gibson, Deana Helton, Sean Thomas Kelly, Marilyn Nasse (chair), Ken McKinnon, Gabrielle Puhl, Margaret Tapuska (secretary) & Usaze Uwagboe. Michael McGee (Finance chair), Fr Edmund & Fr Kelvin are ex-officio. The council membership has been selected after due consultation and prayerful reflection.



Catholic Women's League Book Sale

St. Michael's Catholic Women's League will be holding a sale of gently used books, puzzles, and board games the weekend of September 20/21. Please consider donating your books long as they are free of explicit content. Items may be dropped off at the church on September 13/14. For more information please contact Edie Lozinsky at smcwlpresident@gmail.com.



40 Days for Life Fall Prayer Campaign

40 Days for Life is a prayerful, respectful campaign that seeks to save babies from being killed in abortion. Sign up and be a loving, prayerful voice for the preborn babies who have no voice. St. Michael has two days to pray this campaign: Fri. Sept. 26 and Fri. Oct. 3. Our team will be there between the hours of 8am to 1pm each of those days. Please join us by signing up online at [40 Days for Life](https://www.40daysforlife.org). Signs are provided and you will not be alone. Call Karen at 403-870-7080.



2025 Worship Conference

There will be Worship Conference on October 3-4, 2025 at St. Mary's Cathedral and St. Mary's High School. Expected attendees are all liturgical ministers and those who are interested in liturgical ministry. Keynote talks will explore the liturgy as a living encounter with the Paschal Mystery, principles of liturgical renewal, and leadership in service of the body of Christ. Please click on the following link: <https://www.catholiccy.ca/worshipconference.html> Registration deadline is Fri. Sept. 24, 2025.

2025 Worship Conference
THE CHURCH
AT WORSHIP

Society of Saint Vincent de Paul

Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: <https://www.ssvpstmichael.ca/annual-report-2024/>



Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf - Google Drive](#)

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

Week-at-a-Glance: (Sat. Sept. 13 - Sun. Sept. 21, 2025):

Saturday, September 13:

SSVP Share Sunday Collection for Food & Donations, before & after Masses

Sunday, September 14:

SSVP Share Sunday Collection for Food & Donations, before & after Masses
Coffee Connection: after 9:00am and 11:00am Mass

Monday, September 15:

No Events

Tuesday, September 16:

Rosary Group: Day Chapel, 5:20pm
RCIA: St. Nicholas Room, 7:00-9:00pm
Grief Share: Rooms 144 & 145, 7:00-9:00pm

Wednesday, September 17:

Men's Ministry: Narthex & Theater, 6:00-7:30am
Coffee Connection: after 9:00am Mass
Women's Ministry: St. Nicholas Room & Theater, 9:30am

Thursday, September 18:

Moms & Tots: St. Nicholas Room, 9:30-11:30am
Knitting Ministry: Library Room, 10:00am-12:00pm

Friday, September 19:

Eucharistic Adoration: Blessed Sacrament Chapel, 10:30am-8:00pm

Saturday, September 20:

CWL Book Sale: Mezzanine, 6:00-8:00pm

Sunday, September 21:

CWL Book Sale, after all Masses
Coffee Connection: after 9:00am and 11:00am Mass
Children's Liturgy: Guardian Angel Room, 10:30am

Monday, September 22:

No Events

Mass Intentions:

Mass Intentions are booked in person at the office.

Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.

Saturday, September 13:

5 pm: Christina Schuh † (Fr. Edmund)

Sunday, September 14:

9 am: Jesus Puerto † & Yolanda Mejiu † (Fr. Kelvin)
11 am: For the People of God at St. Michael's (Fr. Edmund)
5 pm: Andy Alessio † (Fr. Kelvin)

Tuesday, September 16:

6 pm: Intentions Rosalba Otero (Fr. Edmund)

Wednesday, September 17:

9 am: Wilf Slavik † (Fr. Edmund)

Thursday, September 18

9 am: Zarko Fatovic † (Fr. Kelvin)

Friday, September 19:

9 am: Intentions St. Mary University (Fr. Kelvin)

Saturday, September 20:

5 pm: Intentions Shirley Mathias (Fr. Kelvin)

Sunday, September 21:

9 am: Malcie MacPhee † (Fr. Kelvin)
11 am: For the People of God at St. Michael's (Fr. Edmund)
5 pm: Ricardo Gutierrez † (Fr. Edmund)

Please Pray For:

Please contact the office with your request.

Genevieve Lewis, Helen Sanderson, Mary Anne Harach,
Clint Walsh, John McClintock, Uly Hart, Harry Clark, Andrea
Gonzalez, Elizabeth Slade, Leon Giroux, Luce Chandless, Eliza-
beth Chandless-Kane, Helen Gal, Annette L., Julian Park

For the Souls Of:

Elizabeth DeCoste, Lucien Marchand

Funeral:

Pray For Our Seminarians:

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,
please email: columbarium@saintmichael.ca.

E-Transfer:

Sign in to your own banking institution and e-transfer the
amount to: support@saintmichael.ca.

Text to Donate:

To set up your account, text **give** to **833-768-0514**
and follow the prompt.

Sexual Abuse in the Church:

Call the Roman Catholic Diocese of Calgary's Hotline at
1- 833-547-8360. To report sexual abuse,
call the Police at **1-403-266-1234**.

Gifts to the Parish

	June 2025	July 2025	August 2025
<u>General Collections</u> Collections	\$101,987	\$122,203	\$87,509
Other Income	\$55,409	\$42,890	\$20,917
Operating Costs	\$160,700	\$123,017	\$124,903
Surplus (Shortfall)	(\$3,304)	\$42,076	(\$16,477)
<u>Central Fund Loan (Mortgage)</u> Building Fund Collections	\$11,708	\$40,532	\$11,322
<u>Current Loan Balance</u>	\$3,228,187	\$3,204,035	\$3,179,800
<u>Diocesan Annual Campaign</u> Together in Action Year-to-Date	\$71,395	\$74,611	\$77,040
% TIA Goal \$121,243.00	58%	61%	63%
Society St. Vincent de Paul (monthly)	\$1,293	\$856.00	\$1056.00