



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta
T3H 4C7

November 09, 2025: Dedication of the Lateran Basilica

The Theology of Anger

When Jesus cracked the whip in the temple, He did not exceed His authority for His hands were the hands of God's Anointed. As such He was above human laws. When asked for a sign to justify His action, He pointed to His resurrection to come. By His resurrection, He would prove Himself as Lord of all creation.

Anger is an emotion not easily understood. *Feeling angry* can be perceived as a weakness, even a sin. In many cultures, the ideal is to keep one's cool and maintain one's serenity. Isn't anger listed as one of the deadly sins?

Yet, Jesus was often angry. We must conclude then that, in itself, anger is not a sin. It is a God-given human passion meant to resist, among others, threats and dangers, evil and injustice under any form. It does that without going beyond the limits of justice and charity, it is just *anger*, as was the anger of Jesus. Jesus does not use His improvised whip against persons, but only a crop to shoo away the animals. He achieves the very difficult balance of being nonviolently angry. In this respect, as in all others, He remains our model.

As St. Paul writes: "*If you are angry, let it be without sin.*" (Ephesians 4: 26). We can be angry without sin, if we know how to express our anger and at what objects it should be directed. We can even say that we must be angry at times. We must be angry at the attack against the weak and defenseless including the unborn, racism, political corruption and many other heinous crimes against humanity. Not to be angry at such outrages is not Christian forbearance but unchristian spinelessness.

Let us examine and reflect on our sense of anger. Do we understand that anger can be the just and appropriate response to a given situation? Are we angry at *sin itself* and its harmful consequences or are we angry at *persons* who deserve our love and respect? How do we express our anger *constructively* or *nonviolently*?

Fr. Edmund, fredmund@saintmichael.ca

Weekday & Weekend Masses:

Tuesday: 6:00 pm
Wednesday to Friday: 9:00 am
Saturday: 5:00 pm
Sunday: 8:30 am Morning Prayer
Sunday: 9:00 am, 11:00 am, and 5:00 pm

Live-Stream:

Sunday 11:00 am at saintmichael.ca/Mass
or Facebook Live

Reconciliation:

Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 8:00 pm

Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

Office:

Phone: 403-249-0423 info@saintmichael.ca

Pastor:

Fr. Edmund Vargas fredmund@saintmichael.ca

Associate Pastor:

Fr. Kelvin Chukwurah frkelvin@saintmichael.ca

Administrative Assistant:

Loreen Morrison lmorrison@saintmichael.ca

Office Assistant and Volunteer Coordinator:

Gladys Doh gdoh@saintmichael.ca

Sacrament Coordinator and Columbarium Manager:

Francesca Ambrosino fambrosino@saintmichael.ca

Music Director:

Jim Howells jhowells@saintmichael.ca

Children's Liturgy Coordinator:

Caroline Dixon cdixon@saintmichael.ca

Technical Director:

Kyle De Jaegher kdejaegher@saintmichael.ca

Bookkeeper:

Michelle Gregory accounting@saintmichael.ca

Anointing of the Sick:

Diocese of Calgary Call Center:
403-231-9505

Alberta Children Hospital; Foothills Hospital;
Peter Lougheed Hospital; Rockyview General
Hospital; South Health Campus

Healing Lines

Biblical misconceptions about abuse... *"Abuse is my cross to bear."* Jesus chose His cross, and He bore it for our sake. A woman does not choose to be abused, and no one is "helped" in any way by her being abused. The Bible says, *"I have to submit to my husband."* (Eph. 5:22) Reading the whole passage (Eph. 5:21-33), we see that wives and husbands must submit to each other equally, and that husbands must treat their wives with love and respect (Eph. 5:33). The Bible says, *"I have to forgive my abuser."* (Mt. 6:9-15) Forgiveness is not permission to repeat the offence, nor does it mean that we must expose ourselves to danger. Rather, it allows us to let go of a bad experience and move on with our lives, in recognition that we do not need to tolerate abuse against ourselves, or others.



Interested in Becoming Catholic?

If you or someone you know is an adult interested in becoming Catholic, please contact Don at bryantdon40@gmail.com to learn more about RCIA.

RCIA Sponsors Needed!

RCIA began on Tuesday, September 9 at St. Michael's, and we are looking for Sponsors for our new catechumens and candidates. In order to be a Sponsor, you must be a fully initiated, practicing Catholic over the age of 16. If married, you must be married in the Catholic Church. Sponsors are asked to attend sessions every Tuesday night from 7:00pm to 9:00pm, and accompany their candidate to Mass on Sundays. If you feel called to be a Sponsor, please contact Don at bryantdon40@gmail.com.



Seeds of the Word

The Seeds of the Word Community will be selling their baked and homemade goods in the Narthex after each of the Masses on the weekend of November 15 and 16. Our bread and cookies, as well as creations from our arts office, all made by the Seeds of the Word Community, will be available for sale. All proceeds will be used in order to help cover the cost of printing the 2026 Lectio Divina Compendium. Thank you for your generous support of our Community and its mission in spreading the Word of God!



Book Tour

An Evening for Parents – *"Things We Wish Our Kids Knew"*
Join us for an inspiring evening with international bestselling author and speaker Michael Chiasson on Thursday, November 27 from 7:00-9:00pm. This event is part of the Access52 Book Tour and is a powerful opportunity for parents to connect, reflect, and be encouraged. This is a free event and you may register with the QR Code here or with the following link: <https://www.eventbrite.ca/e/book-tour-calgary-tickets-1871877829979?aff=ebdsoporgprofile>



Rescheduled

Altar Servers Mass with the Bishop: Sunday, November 23, 2025 (not November 2, 2025)



Altar Servers Recognition Mass

The Serra Club of Calgary is organizing a special Mass at St. Michael Catholic Community for all altar servers in the Diocese of Calgary. The Mass will be celebrated by The Most Rev. William T. McGrattan, Bishop of Calgary. Please note that the date has been changed from Sunday, November 2, 2025, to Sunday, November 23, 2025, due to a change in the bishop's schedule. Bishop McGrattan extends his apologies for any inconvenience this may cause. If you plan to attend, please register in advance. For more information, contact Hardy Del Castillo at 587-703-1585.



Elevator Upgrade

An elevator upgrade work will be underway for two weeks (November 10-21). The elevator will be taken out of service for the entire time. We apologize for the inconvenience... Those who are interested in supporting this special project (\$61,766.14 +tax) may contact the Office or Fr Edmund for details.



Fall Fundraiser

We are launching a parish-wide fundraising sale of high-quality protein products to help support our increasing needs as a community as we continue to witness God's love and compassion in our midst. With any purchase, you contribute to our Church's finances while enjoying some delicious food over the Advent and Christmas period. There are over 60 products to choose from! Your orders must be placed by Sunday, November 30 and can be picked up on Tuesday, December 2 from 4:00-5:00 pm at St. Michael's Church. Please go to this link: [St. Michael's 2025 Fall Fundraiser – Fund Forward](#)



Elevation Youth Group (Gr. 4-6)

Youths in Grade 4-6 are invited to join our brand new youth group: *ELEVATION youth!* Join us on Fridays from 6:30-8:30 p.m. in the St. Nicholas room for devotions, snacks, games, faith, and fun! The next session of the program is on November 21 and will run until the spring. Pre-registration is required and capacity is dependent on volunteer availability. Register by scanning the QR code or by emailing youth@saintmichael.ca. All are welcome! We are also looking for volunteers to supervise activities, help with games, and provide a small snack for the group each week. If you are able to volunteer, please contact Gladys Doh gdoh@saintmichael.ca or our group leader Abigail Lewis at youth@saintmichael.ca.



Blessed Sacrament Chapel

A stained glass signage for our Blessed Sacrament Chapel, created by Pat Burchnall, is now installed at the entrance. God bless her artistry & generosity...



Children's Liturgy of the Word 2025/2026



Thank you for being a vital part of SMCC at large! A heartfelt thank you to those who have already signed up to volunteer for their shifts to serve during Mass, and to those who have already registered their children (Kindergarten to Grade 3) for Children's Liturgy of the Word 2025-2026.

Beginning Sunday, October 19, 2025, Children's Liturgy of the Word Session "A" 8:30am will resume as requested. If you haven't already done so, please register your child online [HERE](#). Questions? Concerns? Please contact the Children's Liturgy Coordinator (Mrs. Dixon) at cdixon@saintmichael.ca

We are still in need of ADULT/ PARENT VOLUNTEERS for both sessions of Children's Liturgy of the Word (Session "A" 8:30am and Session "B" 10:30am). Parents/Adults: please continue to signup for your shift (and/or for your YOUTH VOLUNTEER Gr. 7 to 12) in the "Guardian Angels Room" (weekly) as needed [HERE](#).

Are you a NEW, or prospective Kids Kingdom Volunteer? Welcome to the team! Please contact our Volunteer Screening Coordinator Gladys Doh at gldoh@saintmichael.ca regarding any volunteer requirements (i.e. forms, training modules, protocols & procedures) ASAP.

On behalf of the children, we sincerely *Thank You* in advance for your offering of time, prayers, and care in *caritas*.

The Rite of Commissioning for All Liturgical Ministers



The Rite of Commissioning for all Liturgical Ministers will be held at all the November 29 and November 30 weekend Masses. During these First Sunday of Advent Masses, Auxiliary Ministers of the Holy Eucharist (who require a written mandate from the Bishop) come forward after the homily and are joined by the other liturgical ministers in their respective places for this rite. The Liturgical ministers include, among others, Ushers, Hospitality Ministers, Sacristans, Lectors, Altar Servers, and Musicians. Ministry means doing something on behalf of Christ Himself.



The Gift of Catholic Education

This November 22 and 23, Bishop McGrattan invites us to celebrate the gift of Catholic education in Alberta - 140 years strong. Our Catholic schools, guided by the Calgary Catholic School District, are places where faith and learning come together. The Calgary Catholic Education Foundation (CCEF) proudly supports this mission by funding enhanced learning opportunities, faith-based programs, and student supports that would not be possible through public funding alone. Together, we give thanks for this legacy of faith-filled learning - anchored in Christ, our beacon of hope.

Saturday Night Lights

Youth Event Update from Access 52: Saturday Night Lights was a great success! Over 85 students attended representing 27 different schools. Thank you to all volunteers, church staff, and clergy for your support. Next event Grades 7-12: November 29. Doors open at 7pm.



Youths in grades 7-12 are invited to an evening of music, food, friendships, and talks hosted by Access 52. Dates for the evenings are November 29, January 10, February 14, and April 25. This is a free event. You may register by scanning the QR Code or visiting the website <https://www.eventbrite.ca/e/saturday-night-lights-youth-group-october-25-tickets-1708730341449?aff=ebdsoporgprofile>.

Christmas Hamper Program

November marks the start of major preparations for our annual Christmas Hamper Campaign. Known as a community of outreach where all are welcomed, there is no greater sign of our welcome than the delivery of a hamper to those in need. We are now accepting referrals for Christmas Hampers for those in our parish. Please call 825-417-1720 if you are in need. In the face of mounting costs and increased demand, once again, we are counting on the generosity of our parish community to provide for this annual outreach. Volunteer sign up will take place the last two weekends in November. In the meantime, please donate: * take an envelope marked for Christmas Hampers and place in the collection box, * online at <https://www.canadahelps.org/en/dn/33185> or * via this QR Code. Tax receipts will be issued in Jan 2026. Questions? Email christmashampers@saintmichael.ca



Society of Saint Vincent de Paul



Please support the SSVP Share Sunday Food Drive this month for families in need. Pick up shopping lists and donation envelopes after mass on Oct 18 & 19 and return grocery items and donations on Oct 25 & 26. Kindly note that we are not able to accept items past their best-by date, or donations of any non-grocery items. Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: <https://www.ssvpstmichael.ca/annual-report-2024/>

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf - Google Drive](#)

Week-at-a-Glance: (Sat. Nov. 8, 2025 - Sun. Nov. 16, 2025):

Saturday, November 8:

No event.

Sunday, November 9:

CANCELLED Children's Liturgy: 8:30am and 10:30am

Coffee Sunday: Narthex, after 9:00am Mass & 11:00am Mass

Monday, November 10:

Bible Study: St. Nicholas' Room, 6:30pm-9:00pm

Tuesday, November 11:

Office Closed—Remembrance Day

Rosary Group: Day Chapel, 5:20pm

CANCELLED CWL Meeting

CANCELLED RCIA

Wednesday, November 12:

Men's Ministry: Theater and Narthex, 6:00am-7:30am

Coffee Wednesday: Narthex, after 9am Mass

Women's Ministry: St. Nicholas Room, 10:00am-12:00am

Thursday, November 13:

Moms & Tots: St. Nicholas' Room, 9:30am-11:30am

Knitting Ministry: Library, 10:00am-12:00pm

Friday, November 14:

No event.

Saturday, November 15:

Seeds of the Word Fundraiser: Narthex, after all weekend Masses

Sunday, November 16:

Children's Liturgy: 8:30am and 10:30am

Coffee Sunday: Narthex, after 9:00am Mass & 11:00am Mass

Seeds of the Word Fundraiser: Narthex, after all weekend Masses

Gifts to the Parish

	August 2025	September 2025	October 2025
<u>General Collections</u>			
Collections	\$87,509	\$104,710	\$115,426
Other Income	\$20,917	\$15,356	\$58,215
Operating Costs	\$124,903	\$113,471	\$143,988
Surplus (Shortfall)	(\$16,477)	\$6,595	\$29,653
<u>Central Fund Loan (Mortgage)</u>			
Building Fund Collections	\$11,322	\$11,754	\$12,744
<u>Current Loan Balance</u>	\$3,179,800	\$3,155,140	\$3,130,740
<u>Diocesan Annual Campaign</u>			
Together in Action Year-to-Date	\$77,040	\$79,665	\$88,418
% TIA Goal \$121,243.00	63%	65%	73%
Society St. Vincent de Paul (monthly)	\$1056	\$1968	\$1046

Mass Intentions:

Mass Intentions are booked in person at the office.

Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.

Saturday, November 8:

5 pm: All Departed Souls † (Fr. Kelvin)

Sunday, November 9:

9 am: Francois Harfouche † & Leah Rouhana †
(Fr. Edmund)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Gabrielle Abuel † (Fr. Kelvin)

Tuesday, November 11:

6 pm: All Deceased CWL Members † (Fr. Kelvin)

Wednesday, November 12:

9 am: Joe Hegholz † (Fr. Kelvin)

Thursday, November 13:

9 am: Int. Vittorina Pastega (Fr. Edmund)

Friday, November 14:

9 am: Bill Tapuska † (Fr. Edmund)

Saturday, November 15:

5 pm: Calderon & Hidalgo Family † (Fr. Edmund)

Sunday, November 16:

9 am: Hortensia Vega Jimenez † (Fr. Kelvin)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Walter Zawyrucha † (Fr. Kelvin)

Please Pray For:

Please contact the office with your request.

Annette L., Julian Park, Ernesto, Roberto Cantillo, Duri Family,
Cyril Boudreau, Brenda Arseneault, Peter Ciavarella,
Justin Hewitt, Lina C. Weber, Richard Edgington, Ada Kerpan,
Pamela Chaput, Malaya Rosales, Christine Estor, Julie Parinas.

For the Souls Of:

Cecilia Mary Leroux, Elizabeth Chandless

Funeral:

Pray For Our Seminarians:

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,
please email: columbarium@saintmichael.ca.

E-Transfer:

Sign in to your own banking institution and e-transfer the
amount to: support@saintmichael.ca.

Text to Donate:

To set up your account, text **give** to **833-768-0514**
and follow the prompt.

Sexual Abuse in the Church:

Call the Roman Catholic Diocese of Calgary's Hotline at
1-833-547-8360. To report sexual abuse,
call the Police at **1-403-266-1234**.