



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta
T3H 4C7

February 15, 2026: 6th Sunday in Ordinary Time

Law and Spirit

Laws are part of our life and history as human beings. Although laws can prove to be a burden or a restriction, they are ordained to serve the common good and to protect the rights of individuals. Traffic laws, for example, are promulgated for the orderly conduct of motorists who can endanger the lives of others if they prove to be reckless and irresponsible.

In the Old Testament, the divine pattern for human conduct was set forth in the Ten Commandments. The commandments were given by God to the people to help them live in the right relationship with God, with others, and with all of creation. In the New Testament, God reveals himself to us in the person of Jesus who has shown us how we are to live. With Christ's new commandment of love, we freely respond to the call for holiness in the particular circumstances of our lives. By following Christ's example of self-giving and self-sacrifice, re-enacted in our celebration of the Eucharist, we grow in right relationship with God, with others, and with all of creation. The legacy of Christ's love enhances our adherence to the rule of law in our lives for we believe that every law ultimately draws its inspiration and authority from God's spirit.

The gift of God's love in Christ, as exemplified in the Eucharist, becomes the central force of our acts of justice, kindness, and love. Just evil intentions come from the human heart, goodness comes from the grace of God. God gives us the capacity to act in accordance with God's love in Jesus Christ who became human so we can share our humanity but not our sinfulness. As St. James asserts: *"Every generous act of giving, with every perfect gift, comes from above, coming down from the father of lights..."*

Living the Christian faith is not all about complying with outward practices of our religion. Christian faith has to be deeply rooted in our souls, making the word of God as the source of all our actions and thoughts.

As we come together for this Sunday worship, we renew our faith as we encounter the presence of Christ around God's table in the Eucharist. As we relish his Eucharistic presence, we carefully examine the faith that we nurture in our hearts. We go beyond our religious practices and acts of justice and peace to realize that it is God's grace that moves us to pursue what is good. To paraphrase St. James in his letter, may we always welcome the implanted word that has the power to save our souls by becoming doers and not merely hearers of the word.

Fr. Edmund, fredmund@saintmichael.ca

Healing Lines



"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments." (Mt 22:34-40) How can we show to all our neighbors how we respect them as we are asked to by God? We all have rights in the eyes of the Lord and all forms of abuse dishonors those rights.

Weekday & Weekend Masses:

Tuesday: 6:00 pm
Wednesday to Friday: 9:00 am
Saturday: 5:00 pm
Sunday: 8:30 am Morning Prayer
Sunday: 9:00 am, 11:00 am, and 5:00 pm

Live-Stream:

Sunday 11:00 am at saintmichael.ca/Mass
or Facebook Live

Reconciliation:

Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 8:00 pm

Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

Office:

Phone: 403-249-0423 info@saintmichael.ca

Pastor:

Fr. Edmund Vargas fredmund@saintmichael.ca

Associate Pastor:

Fr. Kelvin Chukwurah frkelvin@saintmichael.ca

Administrative Assistant:

Loreen Morrison lmorrison@saintmichael.ca

Office Assistant and

Volunteer Coordinator:

Gladys Doh gdoh@saintmichael.ca

Sacrament Coordinator and

Columbarium Manager:

Francesca Ambrosino fam-brosino@saintmichael.ca

Music Director:

Jim Howells jhowells@saintmichael.ca

Children's Liturgy Coordinator:

Caroline Dixon cdixon@saintmichael.ca

Technical Director:

Kyle De Jaegher kdejaegher@saintmichael.ca

Bookkeeper:

Michelle Gregory accounting@saintmichael.ca

Anointing of the Sick:

Diocese of Calgary Call Center:

403-231-9505

Alberta Children Hospital; Foothills Hospital;
Peter Lougheed Hospital; Rockyview General
Hospital; South Health Campus

Lent and Easter Schedule

Shrove Tuesday: Tues. Feb. 17, Pancakes, 6:30pm, Narthex

Ash Wednesday: Wed. Feb. 18, Mass 9am & 6pm, Sanctuary

Lenten Fridays: Fridays, Feb. 20 - Mar. 27, Mass 6pm, Sanctuary

Stations of the Cross: Fridays, Feb. 20 - Mar. 27, 6:30pm, Sanctuary

Fish Fridays: Fri. Mar. 6 and Fri. Mar. 27, Supper 7pm, Narthex

Lenten Retreat Day 1: Sun. Mar. 22, Mass 5pm, Reception 6pm, Talk 7pm

Lenten Retreat Day 2: Mon. Mar. 23, Mass 6pm, Talk 7pm

Lenten Retreat Day 3: Tues. Mar. 24, Mass 6pm, Talk 7pm, Reception 8pm

Parish Reconciliation: Thurs. Mar. 26, 7-9pm

Palm Sunday: Sun. Mar. 29, Regular weekend Mass times

Holy Thursday: Thurs. Apr. 2, Mass 7pm, Adoration 8pm-12am
(Note: there will be no 9am Daily Mass on Holy Thursday)

Good Friday: Fri. Apr. 3, Services 12pm and 3pm

(Note: Confessions 8:00-8:45am on Good Friday)

Easter Vigil: Sat. Apr. 4, Mass 8pm (no Mass at 5pm)

Easter Sunday: Sun. Apr. 5 Masses 9am, 11am, & 5pm

Office Hours:

The office will be closed on

Good Friday, April 3, and Easter Monday, April 6.

We will reopen on Tuesday, April 7 with regular office hours.



Ash Wednesday & Good Friday Fasting Guidelines

Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. **Fasting** means limiting food intake to one main meal and two smaller meals that together do not equal a full meal, with no solid food in between. **Abstinence** means refraining from meat. Catholics aged 18 to 59 are required to fast, while those 14 and older must abstain from meat. All Fridays of the year are days of abstinence from meat. In Canada, Catholics may substitute special acts of charity or piety on Fridays, except during Lent, when abstinence from meat is required.

Together in Action (TIA)

The Together in Action 2026 campaign begins on Ash Wednesday, February 18, 2026. The theme for this year's TIA is inspired by the Jubilee Year of St. Francis. *"But someone will say, 'You have faith and I have works.' Show me your faith without works, and I by my works will show you my faith."* (James 2:18) This year's TIA also marks the final year of the financial commitment of the Diocese to the National Indigenous Reconciliation Fund, supporting Indigenous-led initiatives across Southern Alberta. Our target goal this year \$121,000, same as last year. We thank God for your generosity! All surplus funds this year will go to our Building Fund to help pay our loan.

Fr. Kelvin's Farewell Cake Reception

There will be coffee and cake after all the weekend

Masses on February 14 and 15 as we bid farewell to Fr. Kelvin and offer our blessings and good wishes for his new assignment at St. Mary's Parish in Brooks.



Pastoral Care Ministry

The Diocese of Calgary will be offering Pastoral Care Ministry Training on February 14 and March 7 at Holy Name Parish in Calgary. This training provides support for those who are interested in working with the sick and homebound and is a prerequisite for joining the Pastoral Care Ministry at St. Michael Catholic Community. For more information, please visit [Pastoral Care Ministry Training - ROMAN CATHOLIC DIOCESE OF CALGARY](#)

Easter Fundraiser 2026

St. Michael Catholic Community raises funds year-round to support initiatives within our Church and in the surrounding communities. With our fundraiser, you may choose from 66 products from a variety of meat, fish, seafood, pasta, and sauces. With your purchases, we can help the less fortunate and those in our parish all while enjoying some delicious food over the Easter season which is right around the corner! Stock up your freezers now. The fundraiser opens February 1 and closes March 15. Orders will be available for pick up on Tuesday, March 24 between 4:00-5:00pm outside the parish doors. To view and place an order, please visit [St. Michael Catholic Community Spring 2026 - Fund Forward](#)



Shrove Tuesday

Shrove Tuesday, also known as Mardi Gras, marks the start of Lent, evolving into a time of celebrating and feasting, like a final opportunity for indulgence before the period of fasting and penance. It is also a significant liturgical movement towards the spiritual discipline of Lent. It is geared towards building community. The Knights of Columbus is hosting a pancake dinner on Tuesday, February 17, 2026 at 6:30pm (after the 6pm Mass). Please RSVP by Friday, February 13 at: <https://forms.gle/hvaC8fdhzaXTVZ4S6>



Fish Friday

On Friday, March 6 and Friday, March 27 the Knights of Columbus will host a dinner event in the Church gathering area at 7:00pm (after Lenten Friday Mass at 6:00pm which is followed by the Stations of the Cross at 6:30pm). This is a free event. Free will offerings are greatly appreciated to cover some of the cost, if you so wish. To register, please go to <https://forms.gle/Lzw3TH9gsUPZrgty5>



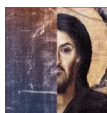
Adult Confirmation

Have you been baptized Catholic but never confirmed? Our adult confirmation classes are designed for adults who want to deepen their faith, ask real questions, and complete their initiation into the Catholic Church. Classes begin this month February. For more information visit <https://saintmichael.ca/confirmation/> or contact Francesca at sacramentprep@saintmichael.ca



Lenten Retreat / Mission

"Who is the Man of the Shroud?" Fr. Andrew Dalton L.C. reflects on the suffering (1), death (2) and resurrection (3) of Christ in the light of the Shroud of Turin on March 22, 23, and 24, 2026, respectively. Fr. Dalton will celebrate Mass before the talks: Sunday, March 22, 5pm, 5pm, Monday, March 23, 6pm, and Tuesday, March 24, 6pm. Reception follows after the 5pm Mass on Sunday before the talk at 7pm. And after the talks on Monday and Tuesday. Details will be provided later.



Vacation Bible Camp 2026:

"Rainforest Falls - Exploring the Nature of God"

* SMCC 5-day Vacation Bible Camp (VBC) 2026 has limited spots available (50) for all students/minors aged Kindergarten (6yrs.) to Grade 12. \$100 fee per student/minor or \$200 maximum fee per family (same household only please). Registration is due by Mon. June 1, 2026 at 12pm noon. Please contact Caroline Dixon (Camp Director) at cdixon@saintmichael.ca

* Online registration is currently on *pause*. Before online registration is permitted to resume, we need at least (5) five more adult/parent volunteers to fulfill the "parish volunteer engagement process" requirements. * A bursary is available for anyone in need of assistance with the enrolment fee. For more information, please contact Fr. Edmund at 403-249-0423.

* Thank you to those who have already engaged with our Parish Volunteer Coordinator, Gladys. Please note that programs like this requested by parish families (i.e. children's liturgy, mom & tots, elevate, youth nights, etc.) are also run by parish families as well. If you are in favor, and would like faith-based programs for families like VBC 2026 to proceed, please contact Gladys at gдох@saintmichael.ca to begin/continue the "parish volunteer engagement process" A.S.A.P.

Pastoral Council

Pastoral Council wishes all parishioners a happy and blessed 2026! Our first meeting of the new year was held on Tuesday, January 27. A variety of matters were discussed including our excellent year end financial results, with special thanks to our generous parishioners! The Parish Renewal Team provided an update – watch for a new volunteer booklet coming out this year and a Stewardship Sunday in September. Initial discussions are underway regarding a parish pictorial directory (our last one was produced for the 60th anniversary of SMCC in 2019). Full details of these and all items will be published after Pastoral Council approval at our next meeting, scheduled for March 10, 2026. The minutes from our October meeting can be found here [SMCC-Pastoral-Council-Minutes-of-Meeting-October-28-2025-Bulletin.pdf](#). If you would like to attend one of our meetings as an observer, or if you have any questions or concerns, please reach us at 403-249 0423.



Art Walk

Attention artists and photographers, both beginner and seasoned pro: come join us and exhibit your art at St. Michael's Art Walk Exhibition on March 6-8, 2026. For more information please contact artwalk@saintmichael.ca



IWIN (I'm Worth it Now) Events for February

What is IWIN? IWIN was created in Calgary as a response to the scourge of human trafficking in our own country. Alongside the local CWLs in Alberta, Saskatchewan, Manitoba, and Ontario who advocate for an end to trafficking, IWIN provides backpacks filled with toiletries and supplies which are distributed by our local law enforcement to assist survivors of sex trafficking.



1) SAT. FEB. 21 and SUN. FEB. 22: RED SAND SUNDAY

After each weekend Mass on February 21 and 22, join fellow parishioners in our brief Red Sand Prayer Service. All are encouraged to attend this powerful symbolic event to show solidarity and awareness in preventing exploitation by highlighting those who 'fall through the cracks'.



2) THURSDAY, FEBRUARY 26: BUYING HER

Buying Her (Exodus Cry Films) will be shown on Thursday, February 26 at 7:00pm at St. Michael Catholic Community. This one hour movie tackles the critical injustice of sex trafficking in the first documentary ever to explore the lives of sex buyers and what drives them. The evening will include the film and Q & A with a former human trafficking investigator who will highlight what services are provided to those seeking to transition out of the sex trafficking industry. VIEWER DISCRETION IS ADVISED (no children under age 16, please.)

2025 Tax Receipts

The 2025 tax receipts will be available for pick up from February 14 to February 22, 2026. They will be arranged alphabetically on a table in front of the main washrooms. After that date, the remaining tax receipts will be mailed.



Coffee Sundays

We are looking for volunteers to join our coffee ministry for Sundays after the 9am and 11am Masses. If you are interested, please call Scholastica (403-708-1565) or Arun (587-433-1304). Thank you!



Share Sunday-SSVP

Members of the Society of St. Vincent de Paul will distribute food lists and donation envelopes on Sunday, February 22, 2026 after Masses. Please bring food and donations on Sunday, March 1, 2026. Thank you!



Society of Saint Vincent de Paul (SSVP)

Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: [Annual Report 2025 – Society of St Vincent de Paul – St Michael Conference Calgary](#)



Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf - Google Drive](#)

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

Week-at-a-Glance: (Sat. Feb. 14 - Sun. Feb. 22, 2026):**Lent and Easter Fundraiser Open:**St. Michael Catholic Community Spring 2026 – Fund Forward**Saturday, February 14:**

Fr. Kelvin's Farewell Cake Reception: after all weekend Masses

Saturday Night Lights: Sanctuary, Narthex, 7:00pm

Sunday, February 15:

Fr. Kelvin's Farewell Cake Reception: after all weekend Masses

CANCELLED - Children's Liturgy: 8:30am and 10:30am

CANCELLED - Coffee Sunday: Narthex, after 9:00am & 11:00am Masses

Monday, February 16:

Bible Study: St. Nicholas Room, 7:00pm-9:00pm

Tuesday, February 17 (Shrove Tuesday):

Rosary Group: Day Chapel, 5:20pm

Shrove Tuesday: Narthex, 6:30pm

Grief Share: Moved to St. Michael Room for this day only, 7:00pm-9:00pm

RCIA: St. Nicholas Room & Theater, 7:00pm-9:00pm

Wednesday, February 18 (Ash Wednesday):

Men's Ministry: Theater, 6:00am-7:30am

Ash Wednesday Masses: Sanctuary, 9:00am and 6:00pm

CANCELLED: Women's Ministry

CANCELLED: Coffee Wednesday

Thursday, February 19:

CANCELLED: Moms & Tots

Knitting Ministry: Library, 10:00am

K of C Meeting: Theater (main Floor), 7:00pm-9:00pm

Adult Confirmation: St. Michael's Room, 7:00pm (pre-registration needed)

Friday, February 20 (Lenten Friday):

Lenten Mass: Sanctuary, 6pm

Stations of the Cross: Sanctuary, 6:30pm

Saturday, February 21:

Red Sand Ceremony: Outside Main Doors, after all weekend Masses

Sunday, February 22:

Red Sand Ceremony: Outside Main Doors, after all weekend Masses

Gifts to the Parish

	November 2025	December 2025	January 2026
<u>General Collections</u>			
Collections	\$110,762	\$182,278	\$83,939
Other Income	\$55,883	\$90,416	\$38,679
Operating Costs	\$148,286	\$158,305	\$114,988
Surplus (Shortfall)	\$18,359	\$114,389	\$7,630
<u>Central Fund Loan (Mortgage)</u>			
Building Fund Collections	\$17,813	\$163,739	\$15,600
<u>Current Loan Balance</u>	\$3,105,917	\$3,081,350	\$3,056,783
<u>Diocesan Annual Campaign</u>			
Together in Action Year-to-Date	\$97,769	\$138,874	\$2,226
% TIA (Goal for 2025: \$121,243)	80%	114% Surplus goes towards 2026 Campaign	1%
Society St. Vincent de Paul (monthly)	\$0	\$0	\$1243

Mass Intentions:*Mass Intentions are booked in person at the office.**Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.***Saturday, February 14:**

5 pm: Melvin Kaskiw † (Fr. Kelvin)

Sunday, February 15:

9 am: Intentions Marlene Mudry & Family (Fr. Kelvin)

11 am: For the People of God at St. Michael
(Fr. Edmund Celebrant, Fr. Kelvin Concelebrant)

5 pm: Emiliana Laga † (Fr. Kelvin)

Tuesday, February 17:

6 pm: Elsamma Varkey † (Fr. Edmund)

Wednesday, February 18:

9 am: Juan Ezequiel † (Fr. Edmund)

6pm: Elikutty Varkey † (Fr. Andrew)

Thursday, February 19:

9 am: Elizabeth DeCoste † (Fr. Andrew)

Friday, February 20:

9 am: Thresia Kuriakose † (Fr. Andrew)

6pm: Eladia Austria † (Fr. Edmund)

Saturday, February 21:

5 pm: Francisco Rivalde Villablanca † (Fr. Edmund)

Sunday, February 22:

9 am: Ryan Gerard Smith † (Fr. Andrew)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Rosa Rino Sr. † (Fr. Andrew)

Please Pray For:*Please contact the office with your request.*Richard Edgington, Pamela Chaput, Malaya Rosales,
Julie Parinas, Peigi's Family, Roberto Cantillo, Brian Dourley,
Duri Family, Elizabeth Slade, Ann O'Brien, Melchor Diolata,
Ania Georges, Chris Mudry, Alice Flamand, Hendrik Heerema.**For the Souls Of:**

John Treutz, Jaime Marquez

Funeral:**Pray For Our Seminarians:**

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,

please email: columbarium@saintmichael.ca.**E-Transfer:**Sign in to your own banking institution and e-transfer the
amount to: isupport@saintmichael.ca.**Text to Donate:**To set up your account, text *give* to **833-768-0514**
and follow the prompt.**Sexual Abuse in the Church:**Call the Roman Catholic Diocese of Calgary's Hotline at
1-833-547-8360. To report sexual abuse,
call the Police at **1-403-266-1234**.