



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta
T3H 4C7

February 8, 2026: 5th Sunday in Ordinary Time

Witnessing to God's light...

The metaphor of light suggests public presence. Light suggests a social reality that can be perceived, experienced, and imitated by all. The image of light as an attribute of God's people suggests the powerful notion that as a people we are called to be a force for good in society. By becoming the people adhering to the Beatitudes, we become the light that has dawned in our world. We become agents and witnesses of God's kingdom in our world. Christ, as our Savior and Lord, has come among us to show us the way to eternal life. He wants us to be the light of the world and salt of the earth so that our actions might lead others to follow God's will in their lives and build His kingdom in this world.

As a Christian community, one of the powerful ways that we become the light of the world is our preferential option for the poor. The power of God's love is shown through the lives of those who work for the poor. In our concern for the poor and the oppressed, we become agents of God's kingdom that is characterized by the love that Christ has left us as a legacy.

The reading from the Prophet Isaiah invokes God's people that their piety should consist in acting on behalf of the poor and the powerless, including action against unjust structures in society. The concrete actions that flow from true faith is sheltering the homeless, clothing the naked, and fighting against injustices. Such concrete applications of the faith make God's people a light dawning for all peoples. Psalm 112 echoes the theme of light dawning on the just whose lives give glory to God.

Paul's letter to the Corinthians continues with the theme of God's power as the source and inspiration of all the efforts in preaching the Good News to the poor. The gospel's imperative to become the "*salt of the earth*" and the "*light of the world*" is what the ancient prophets called the Chosen People to be: a people whose life is characterized by justice and the preferential option for the poor.

Fr. Edmund, fredmund@saintmichael.ca

Healing Lines



"Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father." Also remember to always shine light on abuse around you. In order to be part of the solution, we must highlight all forms of interpersonal violence and work to end its prevalence in our world.

Weekday & Weekend Masses:

Tuesday: 6:00 pm
Wednesday to Friday: 9:00 am
Saturday: 5:00 pm
Sunday: 8:30 am Morning Prayer
Sunday: 9:00 am, 11:00 am, and 5:00 pm

Live-Stream:

Sunday 11:00 am at saintmichael.ca/Mass
or Facebook Live

Reconciliation:

Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 8:00 pm

Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

Office:

Phone: 403-249-0423 info@saintmichael.ca

Pastor:

Fr. Edmund Vargas fredmund@saintmichael.ca

Associate Pastor:

Fr. Kelvin Chukwurah frkelvin@saintmichael.ca

Administrative Assistant:

Loreen Morrison lmorrison@saintmichael.ca

Office Assistant and

Volunteer Coordinator:

Gladys Doh gdoh@saintmichael.ca

Sacrament Coordinator and Columbarium Manager:

Francesca Ambrosino fambrosino@saintmichael.ca

Music Director:

Jim Howells jhowells@saintmichael.ca

Children's Liturgy Coordinator:

Caroline Dixon cdixon@saintmichael.ca

Technical Director:

Kyle De Jaegher kdejaegher@saintmichael.ca

Bookkeeper:

Michelle Gregory accounting@saintmichael.ca

Anointing of the Sick:

Diocese of Calgary Call Center:
403-231-9505

Alberta Children Hospital; Foothills Hospital;
Peter Lougheed Hospital; Rockyview General
Hospital; South Health Campus

Lent and Easter Schedule

Shrove Tuesday: Tues. Feb. 17, Pancakes, 6:30pm, Narthex

Ash Wednesday: Wed. Feb. 18, Mass 9am & 6pm, Sanctuary

Lenten Fridays: Fridays, Feb. 20 - Mar. 27, Mass 6pm, Sanctuary

Stations of the Cross: Fridays, Feb. 20 - Mar. 27, 6:30pm, Sanctuary

Fish Fridays: Fri. Mar. 6 and Fri. Mar. 27, Supper 7pm, Narthex

Lenten Retreat Day 1: Sun. Mar. 22, Mass 5pm, Reception 6pm, Talk 7pm

Lenten Retreat Day 2: Mon. Mar. 23, Mass 6pm, Talk 7pm

Lenten Retreat Day 3: Tues. Mar. 24, Mass 6pm, Talk 7pm, Reception 8pm

Parish Reconciliation: Thurs. Mar. 26, 7-9pm

Palm Sunday: Sun. Mar. 29, Regular weekend Mass times

Holy Thursday: Thurs. Apr. 2, Mass 7pm, Adoration 8pm-12am
(Note: there will be no 9am Daily Mass on Holy Thursday)

Good Friday: Fri. Apr. 3, Services 12pm and 3pm

(Note: Confessions 8:00-8:45am on Good Friday)

Easter Vigil: Sat. Apr. 4, Mass 8pm (no Mass at 5pm)

Easter Sunday: Sun. Apr. 5 Masses 9am, 11am, & 5pm

Office Hours:

The office will be closed on

Good Friday, April 3, and Easter Monday, April 6.

We will reopen on Tuesday, April 7 with regular office hours.

A Healing Mass

A Healing Mass will be held on Tuesday, February 11 at 6:00pm in the Day Chapel for World Day of the Sick. Anointing of the Sick will be administered for those who are sick and those who feel the need for healing.

Hospitality Ministry

The Hospitality Ministry is in need of more volunteers for all Masses! Serving with the Hospitality Ministry is the best way to meet more of the folk who attend the same Mass as you! If you are concerned that you have children and you can't volunteer - no problem! We love to see children with their parents greeting parishioners as they come in the doors! Please contact Gladys Doh at gdoh@saintmichael.ca.

Saturday Night Lights

Youths in grades 7-12 are invited to an evening of music, food, friendships, and talks hosted by Access 52. Dates for the evenings are February 14 and April 25. This is a free event. You may register by scanning the QR Code or visiting the website <https://www.eventbrite.ca/e/saturday-night-lights-youth-group-october-25-tickets-1708730341449?aff=ebdsoporgprofile>

Coffee Sundays

We are looking for volunteers to join our coffee ministry for Sundays after the 9am and 11am Masses. If you are interested, please call Scholastica (403-708-1565) or Arun (587-433-1304). Thank you!

Fr. Kelvin's Farewell Cake Reception

There will be coffee and cake after all the weekend Masses on February 14 and 15 as we bid farewell to Fr. Kelvin and offer our blessings and good wishes for his new assignment at St. Mary's Parish in Brooks.

Pastoral Care Ministry

The Diocese of Calgary will be offering Pastoral Care Ministry Training on February 14 and March 7 at Holy Name Parish in Calgary. This training provides support for those who are interested in working with the sick and homebound and is a prerequisite for joining the Pastoral Care Ministry at St. Michael Catholic Community. For more information, please visit [Pastoral Care Ministry Training - ROMAN CATHOLIC DIOCESE OF CALGARY](#)

Easter Fundraiser 2026

St. Michael Catholic Community raises funds year-round to support initiatives within our Church and in the surrounding communities. With our fundraiser, you may choose from 66 products from a variety of meat, fish, seafood, pasta, and sauces. With your purchases, we can help the less fortunate and those in our parish all while enjoying some delicious food over the Easter season which is right around the corner! Stock up your freezers now. The fundraiser opens February 1 and closes March 15. Orders will be available for pick up on Tuesday, March 24 between 4:00-5:00pm outside the parish doors. To view and place an order, please visit [St. Michael Catholic Community Spring 2026 - Fund Forward](#)

Shrove Tuesday

Shrove Tuesday, also known as Mardi Gras, marks the start of Lent, evolving into a time of celebrating and feasting, like a final opportunity for indulgence before the period of fasting and penance. It is also a significant liturgical movement towards the spiritual discipline of Lent. It is geared towards building community. The Knights of Columbus is hosting a pancake dinner on Tuesday, February 17, 2026 at 7:00pm (after the 6pm Mass). Please RSVP by Friday, February 13 at: <https://forms.gle/hvaC8fdhzaXTVZ4S6>

Fish Friday

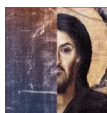
On Friday, March 6 and Friday, March 27 the Knights of Columbus will host a dinner event in the Church gathering area at 7:00pm (after Lenten Friday Mass at 6:00pm which is followed by the Stations of the Cross at 6:30pm). This is a free event. Free will offerings are greatly appreciated to cover some of the cost, if you so wish. To register, please go to <https://forms.gle/Lzw3TH9gsUPZrgty5>

Adult Confirmation

Have you been baptized Catholic but never confirmed? Our adult confirmation classes are designed for adults who want to deepen their faith, ask real questions, and complete their initiation into the Catholic Church. Classes begin this month February. For more information visit <https://saintmichael.ca/confirmation/> or contact Francesca at sacramentprep@saintmichael.ca

Lenten Retreat / Mission

"Who is the Man of the Shroud?" Fr. Andrew Dalton L.C. reflects on the suffering (1), death (2) and resurrection (3) of Christ in the light of the Shroud of Turin on March 22, 23, and 24, 2026, respectively. Fr Dalton will celebrate Mass before the talks: Sunday, March 22, 5pm, Monday, March 23, 6pm and Tuesday, March 24, 6pm. Reception follows after the 5pm Mass on Sunday before the talk at 7pm. And after the talks on Monday and Tuesday. Details will be provided later.



Vacation Bible Camp 2026:

"Rainforest Falls - Exploring the Nature of God"

* SMCC 5-day Vacation Bible Camp (VBC) 2026 has limited spots available (50) for all students/minors aged Kindergarten (6yrs.) to Grade 12. \$100 fee per student/minor or \$200 maximum fee per family (same household only please). Registration is due by Mon. June 1, 2026 @ 12pm noon. Please contact Caroline Dixon (Camp Director) at cdixon@saintmichael.ca

* Online registration is currently on *pause*. Before online registration is permitted to resume, we need at least (5) five more adult/parent volunteers to fulfill the "parish volunteer engagement process" requirements. * A bursary is available for anyone in need of assistance with the enrolment fee. For more information, please contact Fr. Edmund at 403-249-0423. * Thank you to those who have already engaged with our Parish Volunteer Coordinator, Gladys. Please note that programs like this requested by parish families (i.e. children's liturgy, mom & tots, elevate, youth nights, etc.) are also *run* by parish families as well. If you are in favor, and would like faith-based programs for families like VBC 2026, to proceed, please contact Gladys at gдох@saintmichael.ca to begin/continue the "parish volunteer engagement process" A.S.A.P.



Pastoral Council

Pastoral Council wishes all parishioners a happy and blessed 2026! Our first meeting of the new year was held on Tuesday, January 27. A variety of matters were discussed including our excellent year end financial results, with special thanks to our generous parishioners! The Parish Renewal Team provided an update – watch for a new volunteer booklet coming out this year and a Stewardship Sunday in September. Initial discussions are underway regarding a parish pictorial directory (our last one was produced for the 60th anniversary of SMCC in 2019). Full details of these and all items will be published after Pastoral Council approval at our next meeting, scheduled for March 10, 2026. The minutes from our October meeting can be found here [SMCC-Pastoral-Council-Minutes-of-Meeting-October-28-2025-Bulletin.pdf](#). If you would like to attend one of our meetings as an observer, or if you have any questions or concerns, please reach us at 403-249 0423.



Art Walk

Attention artists and photographers, both beginner and seasoned pro: come join us and exhibit your art at St. Michael's Art Walk Exhibition on March 6-8, 2026. For more information please contact artwalk@saintmichael.ca



IWIN (I'm Worth it Now) Events for February

What is IWIN? IWIN was created in Calgary as a response to the scourge of human trafficking in our own country. Alongside the local CWLs in Alberta, Saskatchewan, Manitoba, and Ontario who advocate for an end to trafficking, IWIN provides backpacks filled with toiletries and supplies which are distributed by our local law enforcement to assist survivors of sex trafficking.



1) SUNDAY, FEBRUARY 8: VIRTUAL PRAYER SERVICE

In recognition of National Human Trafficking Awareness in Canada, IWIN would like to invite you, your family, and your friends to join us for an online prayer service on Sunday, February 8 at 3:00pm. There will be a short program, including praying a Chaplet of Divine Mercy with prayer warriors from across Canada. You may scan the QR Code or join online with the Zoom link: Meeting ID: 841 4111 0108, Passcode: 287004 <https://us06web.zoom.us/j/84141110108?pwd=PMYJWS2GI4P710T5ATP8NOUGYBJ16U.1>



2) SAT. FEB. 21 and SUN. FEB. 22: RED SAND SUNDAY

After each weekend Mass on February 21 and 22, join fellow parishioners in our brief *Red Sand Prayer Service*. All are encouraged to attend this powerful symbolic event to show solidarity and awareness in preventing exploitation by highlighting those who 'fall through the cracks'.



3) THURSDAY, FEBRUARY 26: BUYING HER

Buying Her (Exodus Cry Films) will be shown on Thursday, February 26 at 7:00pm at St. Michael Catholic Community. This one hour movie tackles the critical injustice of sex trafficking in the first documentary ever to explore the lives of sex buyers and what drives them. The evening will include the film and Q & A with a former human trafficking investigator who will highlight what services are provided to those seeking to transition out of the sex trafficking industry. VIEWER DISCRETION IS ADVISED (no children under age 16, please.)



2025 Tax Receipts

The 2025 tax receipts will be available for pick up from February 14 to February 22, 2026. They will be arranged alphabetically on a table in front of the main washrooms. After that date, the remaining tax receipts will be mailed.



Society of Saint Vincent de Paul (SSVP)

Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: [Annual Report 2025 – Society of St Vincent de Paul – St Michael Conference Calgary](#)



Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf - Google Drive](#)

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

Week-at-a-Glance: (Sat. Feb. 7 - Sun. Feb. 15, 2026):**Lent and Easter Fundraiser Open:**

St. Michael Catholic Community Spring 2026 – Fund Forward

Saturday, February 7:

No Event

Sunday, February 8:

Children's Liturgy: 8:30am and 10:30am

Coffee Sunday: Narthex, after 9:00am & 11:00am Masses

Monday, February 9:

Bible Study: St. Nicholas Room, 7:00pm-9:00pm

Tuesday, February 10:

Rosary Group: Day Chapel, 5:20pm

CWL Meeting: St Michael's Room, 6:30pm - 8:30pm

Grief Share: Rooms 143 & 144, 7:00pm - 9:00pm

RCIA: St. Nicholas Room & Theater, 7:00pm - 9:00pm

Wednesday, February 11:

Men's Ministry: Theater, 6:00am-7:30am

Coffee Wednesday: Narthex, after the 9am Mass

Women's Ministry Bible Study: Theater, 10:00am –12:00pm

Healing Mass: 6:00pm, Day Chapel

Thursday, February 12:

Moms & Tots: St. Nicholas Room, 9:30am - 11:30am

Knitting Ministry: Library, 10:00am

Friday, February 13:

Elevation Youth Group: St. Nicholas' Room, 6:30pm - 8:30pm

Saturday, February 14:

Fr. Kelvin's Farewell Cake Reception: after all weekend Masses

Saturday Night Lights: Sanctuary, Narthex, 6:00pm - 10:00pm

Sunday, February 15:

Fr. Kelvin's Farewell Cake Reception: after all weekend Masses

CANCELLED - Children's Liturgy: 8:30am and 10:30am

CANCELLED - Coffee Sunday: Narthex, after 9:00am & 11:00am Masses

Gifts to the Parish

	November 2025	December 2025	January 2026
<u>General Collections</u> Collections	\$110,762	\$182,278	\$83,939
Other Income	\$55,883	\$90,416	\$38,679
Operating Costs	\$148,286	\$158,305	\$114,988
Surplus (Shortfall)	\$18,359	\$114,389	\$7,630
<u>Central Fund Loan (Mortgage)</u> Building Fund Collections	\$17,813	\$163,739	\$15,600
<u>Current Loan Balance</u>	\$3,105,917	\$3,081,350	\$3,056,783
<u>Diocesan Annual Campaign</u> Together in Action Year-to-Date	\$97,769	\$138,874	\$2,226
% TIA (Goal for 2025: \$121,243)	80%	114% Surplus goes towards 2026 Campaign	1%
Society St. Vincent de Paul (monthly)	\$0	\$0	\$1243

Mass Intentions:*Mass Intentions are booked in person at the office.**Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.***Saturday, February 7:**

5 pm: Cornelius Brennan † (Fr. Edmund)

Sunday, February 8:

9 am: Melvin Kaskiw † (Fr. Kelvin)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Eleno B. Laga † (Fr. Kelvin)

Tuesday, February 10:

6 pm: Melvin Kaskiw † (Fr. Kelvin)

Wednesday, February 11:

9 am: Melvin Kaskiw † (Fr. Kelvin)

6pm: Healing Mass (Fr. Edmund)

Thursday, February 12:

9 am: Melvin Kaskiw † (Fr. Edmund)

Friday, February 13:

9 am: Lou Marchand † (Fr. Kelvin)

Saturday, February 14:

5 pm: Melvin Kaskiw † (Fr. Kelvin)

Sunday, February 15:

9 am: Int. Marlene Mudry & Family (Fr. Kelvin)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Emiliana Laga † (Fr. Edmund)

Please Pray For:*Please contact the office with your request.*

Richard Edgington, Pamela Chaput, Malaya Rosales,
Julie Parinas, Peigi's Family, Roberto Cantillo,
Brian Dourley, Duri Family, Elizabeth Slade, Ann O'Brien,
Melchor Diolata, Ania Georges, Chris Mudry.

For the Souls Of:**Funeral:****Pray For Our Seminarians:**

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,
please email: columbarium@saintmichael.ca.

E-Transfer:

Sign in to your own banking institution and e-transfer the
amount to: isupport@saintmichael.ca.

Text to Donate:

To set up your account, text **give** to **833-768-0514**
and follow the prompt.

Sexual Abuse in the Church:

Call the Roman Catholic Diocese of Calgary's Hotline at
1-833-547-8360. To report sexual abuse,
call the Police at **1-403-266-1234**.