



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta
T3H 4C7

March 22, 2026: 5th Sunday of Lent

WHO IS THE MAN OF THE SHROUD?
AN EVENT ABOUT THE SHROUD OF TURIN
See saintmichael.ca for more information

Donations appreciated

OTHONIA
ORTHODOXIA
ORTHODOXIA

A TENO PONTIFICIO REGIO APOTHECARIUM
"Who do you say that I AM?"
Mark 8:29

To donate you can visit orthodoxia.org/donate

Saint Michael Catholic Community
LENTEN RETREAT
Sunday March 22
9:00 am Mass
11:00 am Mass
5:00 pm Mass
7:00 pm Suffering
Monday March 23
6:00 pm Mass
7:00 pm Death on the Cross
Tuesday March 24
6:00 pm Mass
7:00 pm Resurrection
Reception to follow after evening Masses

Fr. Andrew Dalton

Reverend Dr. Andrew Dalton is a well-known international speaker on the Shroud of Turin. Father's approach to the Shroud bridges the gap between scientific observation and theological interpretation. He is a Catholic priest of the Legionaries of Christ and Professor of Theology at the Pontifical Athenaeum Regina Apostolorum in Rome, where he teaches the Synoptic Gospels and Biblical Greek and Hebrew. He is also a board member of "Othonia", which is an authoritative source for historical and scientific information on the Shroud and its relationship to the Scriptures. He worked with international Shroud experts to develop a postgraduate certificate in Shroud Studies and teaches *The Biblical Theology of the Passion of the Christ* for that program. He is also the author of *Fulfilled Israel: Matthew's Plerosis Paradigm*. If you plan to attend the Lenten Retreat, please sign up with the following link: https://docs.google.com/forms/d/e/1FAIpQLSeCc40JuCa9YSUYcm0GI1wKGZlONv8JgtDEF_j6la00xF13w/viewform?usp=sharing&oid=104090574354753911203 Please [click here](#) and select "Lenten Mission 2026" in the fund list to donate.



Coming Forth From Our Graves

The story of the resurrection of Lazarus is a proto-type of our spiritual conversion. Just as Christ went to the tomb of Lazarus to resurrect and liberate him, He comes to our dead and dying world to regenerate us by conversion. He comes to liberate us from the encumbrances of spiritual grave clothes: old bad habits, rags of self-righteousness and unwillingness to forgive. Christ comes to our lives to destroy the darkness in our souls and guide us in our journey back to our heavenly Father.

The miracle of raising Lazarus from the dead represents the power of Christ's own resurrection and its saving efficacy to liberate us from sin and death, which is also a consequence of sin.

As we spend the last few days of the Lenten season, let us examine our old bad habits that hinder our freedom. Let us see the darkness that hovers over our horizon because we have chosen to veer away from the light of Christ. Let us feel the weakness that results from our inability to exercise the works of God's love. As we reflect on the Christ's life of love and forgiveness, let us express sorrow for our own unwillingness to forgive one another from our hearts. Let us appreciate how Christ, dying on the cross, expressed forgiveness to those who brought him to his painful suffering and death. Let us learn that forgiveness is a higher level of strength and that the capacity to forgive not human, but a free gift of participation in God's divine love and mercy. Let us be more attentive to Christ's invitation for us to become a forgiven and forgiving community. Let us re-learn to be more open to the healing sacraments of the Church. Let us re-visit the importance of the works of mercy as a reparation for our own sins and the sins of others.

As we prepare to celebrate the Paschal Mystery of Christ's suffering, death and resurrection, let us re-learn to associate our own trials and tribulations with the saving sacrifice of Christ on the cross. As we prepare to celebrate Christ's death on the cross, especially on Good Friday, let us have the courage to approach His rich mercy and forgiveness.

May these last days of the Lenten period help us to come forth from our spiritual grave to the overflowing grace of God's liberating love and mercy.

Fr. Edmund, fredmund@saintmichael.ca

Lent and Easter Schedule

Shrove Tuesday: Tues. Feb. 17, Pancakes, 6:30pm, Narthex

Ash Wednesday: Wed. Feb. 18, Mass 9am & 6pm, Sanctuary

Lenten Fridays: Fridays, Feb. 20 - Mar. 27, Mass 6pm, Sanctuary

Stations of the Cross: Fridays, Feb. 20 - Mar. 27, 6:30pm, Sanctuary

Fish Fridays: Fri. Mar. 6 and Fri. Mar. 27, Supper 7pm, Narthex

Lenten Retreat Day 1: Sun. Mar. 22, Mass 5pm, Reception 6pm, Talk 7pm

Lenten Retreat Day 2: Mon. Mar. 23, Mass 6pm, Talk 7pm

Lenten Retreat Day 3: Tues. Mar. 24, Mass 6pm, Talk 7pm, Reception 8pm

Parish Reconciliation: Thurs. Mar. 26, 7-9pm

Palm Sunday: Sun. Mar. 29, Regular weekend Mass times

Holy Thursday: Thurs. Apr. 2, Mass 7pm, Adoration 8pm-12am
(Note: there will be no 9am Daily Mass on Holy Thursday)

Good Friday: Fri. Apr. 3, Services 12pm and 3pm

(Note: Confessions 8:00-8:45am on Good Friday)

Easter Vigil: Sat. Apr. 4, Mass 8pm (no Mass at 5pm)

Easter Sunday: Sun. Apr. 5 Masses 9am, 11am, & 5pm

Office Hours:

The office will be closed on

Good Friday, April 3, and Easter Monday, April 6.

We will reopen on Tuesday, April 7 with regular office hours.

Holy Thursday Mass & Easter Vigil Mass

There will be incense used at Holy Thursday Mass and at the Easter Vigil Mass on Holy Saturday. You may bring bells to ring during "Gloria" for both Masses.



Good Friday Morning Prayer

Booklets will be in the Blessed Sacrament Chapel on Good Friday to pray morning prayer.



Ash Wednesday & Good Friday Fasting Guidelines

Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. **Fasting** means limiting food intake to one main meal and two smaller meals that together do not equal a full meal, with no solid food in between. **Abstinence** means refraining from meat. Catholics aged 18 to 59 are required to fast, while those 14 and older must abstain from meat. All Fridays of the year are days of abstinence from meat. In Canada, Catholics may substitute special acts of charity or piety on Fridays, except during Lent, when abstinence from meat is required.

Fish Friday

On Friday, March 27 the Knights of Columbus will host a dinner event in the Church gathering area at 7:00pm. This is a free event. Free will offerings are greatly appreciated to cover some of the cost, if you so wish. To register, please go to <https://forms.gle/Lzw3TH9gsUPZrgty5>



Easter Fundraiser 2026

Orders will be available for pick up on Tuesday, March 24 between 4:00-5:00pm outside the parish doors.



Healing Lines

Immigrant and refugee women, like Canadian-born women, often stay in abusive relationships "for the sake of the children". They are afraid of losing their children to their partners' family. "In my community children are considered their 'father's property'." They are afraid that their children would be stigmatized in the eyes of the community. They are afraid that they would be deported without their children, or that, they and their children would be deported and they don't want their children to miss out on a "better life" in Canada. How can we be a pathway of God's love to help these women?



Multiply the Hope (MTH)

Beloved Faithful: Multiply the Hope is a diocesan initiative of last year's Jubilee Year. With the matching program, the Diocese will match any contributions to the **Multiply the Hope** campaign to be applied against the outstanding St Michael Central Fund Loan (i.e. mortgage). To accelerate the repayment of the outstanding balance, we would encourage you to consider re-directing any building fund contributions made (either on-line, by text, pre-authorized payment or directly) to **Multiply the Hope** instead. Thank you for your continued generosity. God bless. Fr Edmund



Together in Action (TIA)

The Together in Action 2026 campaign begins on Ash Wednesday, February 18, 2026. The theme for this year's TIA is inspired by the Jubilee Year of St. Francis. "But someone will say, 'You have faith and I have works.' Show me your faith without works, and I by my works will show you my faith." (James 2:18) This year's TIA also marks the final year of the financial commitment of the Diocese to the National Indigenous Reconciliation Fund, supporting Indigenous-led initiatives across Southern Alberta. Our target goal this year is \$121, 243 same as last year. We thank God for your generosity! All surplus funds this year will go to our Building Fund to help pay our loan.



Pontifical Collection for the Church in the Holy Land on Good Friday, April 3, 2026



The Good Friday Collection helps to maintain the Church of the Holy Land by providing educational, pastoral, and social support of Catholic youth and families committed to living their faith in the land where Christ lived, and by maintaining the Holy Sites that are so important to the faith of Christians everywhere. At the request of the Holy See, this Pontifical Collection will be taken during the Good Friday celebration on April 3, 2026. Those who are unable to attend the service, or who prefer to contribute online, may use Credit Cards, Interac, or CanadaHelps, accessible at: www.commissariat.ca, in the "Support Us" link.

CCCRS Prayer Meeting

Join us as we begin our weekly prayer meetings starting Wednesday, March 25, 2026 featuring praise and worship, bible study, and intercessory prayers. The prayer meetings will be from 7:00-8:00pm in the St. Nicholas Room. "The expectation of the righteous shall not be cut short" (Proverbs 23:18). All are welcome. Come and be blessed!



Vacation Bible Camp 2026:

"Rainforest Falls - Exploring the Nature of God"



* SMCC 5-day Vacation Bible Camp (VBC) 2026 has limited spots available (50) for all students/minors aged Kindergarten (6yrs.) to Grade 12. \$100 fee per student/minor or \$200 maximum fee per family (same household only please). Registration is due by Mon. June 1, 2026 at 12pm noon. Please contact Caroline Dixon (Camp Director) at cdixon@saintmichael.ca
* Online registration is now open. * Financial assistance is available for anyone in need for the enrolment fee. For more information, please contact Fr. Edmund at 403-249-0423. * Thank you to those who have already engaged with our Parish Volunteer Coordinator, Gladys. Please note that programs like this requested by parish families (i.e. children's liturgy, mom & tots, elevate, youth nights, etc.) are also run by parish families as well. If you are in favor, and would like faith-based programs for families like VBC 2026 to proceed, please contact Gladys at gdoeh@saintmichael.ca to begin/continue the "parish volunteer engagement process" A.S.A.P.

SMILE! You're Wanted in Our New Parish Pictorial Directory!

Saint Michael Catholic Community is updating its pictorial directory, and we want **YOU** to be part of it!



- **Why?** To help us connect, put names to new faces, and celebrate our community, in a spirit of renewal.
- **When?** Tuesdays – Saturdays, April 21 to May 16
- **Where?** Rooms 143 and 144
- **What you get:** A FREE high-quality printed directory and an option to purchase your photos (there is no obligation).

How to Register for a FREE PHOTO SESSION:

Online: Visit <https://booknow.appointment-plus.com/837754yq/>



In-Person: Volunteers will be in the Narthex to help with on-line sign up after Masses April 11 & 12 and April 18 & 19.

Volunteers are needed to help with the sign-up process and with registration at the photography sessions. Please click this link if you are able to VOLUNTEER <https://www.signupgenius.com/go/409054EA8A623A7FD0-62867253-parish>

Feast of Divine Mercy



The Divine Mercy Novena:

Jesus asked St. Faustina to pray a Novena to the Divine Mercy beginning on Good Friday and ending on the following Sunday (the Feast of Divine Mercy.) *"On each day of the novena, you will bring to My heart a different group of souls and you will immerse them in this ocean of My mercy."* Divine Mercy Novena Pamphlet is available on the table outside St. Mary's Chapel on the week of Palm Sunday. It is also available on the St. Michael's website.

Divine Mercy: Sunday, April 12:

Reconciliation: 1:15-2:00pm, Service 2:00-3:00pm.

Please join us in this Divine Mercy celebration: Chaplet of Divine Mercy, Divine Mercy praises, Homily, Exposition of the Blessed Sacrament, Adoration/Meditation, and Benediction. Please Note: incense will be used during the celebration. Refreshments will follow the service.

Fr. Edmund's 47th Anniversary



Join us as we celebrate Fr. Edmund's 47th Anniversary of priesthood. There will be cake and coffee on Sunday, April 26 after the 9:00am and 11:00am Masses. See you there!

Coffee Sunday



Coffee Sunday is cancelled for Sunday, April 5, 2025.

Easter Vigil Reception



There will be a reception following the Easter Vigil Mass on Saturday, April 4 to celebrate our highest holiest night of the year. If you are attending the Easter Vigil, please plan to bring a platter of sandwiches, cupcakes, or cookies for all to share. Please contact Tammy Ringstad (403-968-9285) or email tammyringstad@gmail.com for any questions or an opportunity to help serve.

Feed the Hungry



Thank you to all who signed up to volunteer for Feed the Hungry on Easter Sunday, April 5! There is one vacancy available. If you would like to volunteer in the remaining position, please contact the office at info@saintmichael.ca. Our next opportunity to serve as a community will be on Fathers' Day, June 21. Please watch the bulletin for more information.

SSVP "Poor Box" Collection



There will be a "Poor Box" collection after all Masses on March 21 & March 22 by members of the Society of St. Vincent de Paul. Funds will be used to serve those most in need in our community. Thank you for your support!

Eucharistic Adoration Ministry



To assist the Eucharistic Adoration Ministry with scheduling the adoration of the exposition of Jesus in the Blessed Sacrament on Fridays, please consider signing up for a time slot so that they know Jesus will not be left alone. There is a paper sign up outside of the Blessed Sacrament Chapel, or you can visit the link on the parish homepage under Adoration.

Knights of Columbus 8636



Want to become a member? Council member meetings are every third Thursday of the month in the main Theatre. Contact: Vernon Lewis at vernlewis@shaw.ca

Society of Saint Vincent de Paul (SSVP)



Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: [Annual Report 2025 – Society of St Vincent de Paul – St Michael Conference Calgary](#)

Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf - Google Drive](#)

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates - Google Docs](#)

Week-at-a-Glance: (Sat. Mar. 21 - Sun. Mar. 29, 2026):**Saturday, March 21:**

No event.

Sunday, March 22:

Children's Liturgy: 8:30am and 10:30am

Coffee Sunday: Narthex, after 9:00am & 11:00am Masses

Lenten Retreat "Shroud of Turin": Sanctuary, Reception 6pm, Talk 7pm

Monday, March 23:

Lenten Retreat "Shroud of Turin": Mass 6pm, Sanctuary, Talk 7pm, Reception to follow.

Tuesday, March 24:

Lent and Easter Fundraiser Pick Up: Outside 4:00-500pm

CANCELLED Rosary Group: Day Chapel, 5:20pm

Lenten Retreat "Shroud of Turin": Mass 6pm, Sanctuary, Talk 7pm, Reception to follow.

RCIA: Youth Theater (Basement), 7:00pm

Wednesday, March 25:

Men's Ministry: Theater, 6:00am-7:30am

Coffee Wednesday: Narthex, after the 9:00am Mass

CCCRS Prayer Meeting (new): Day Chapel, 7:00pm

Thursday, March 26:

CANCELLED Moms & Tots: St. Nicholas Room, 9:30am - 11:30am

Knitting Ministry: Library, 10:00am

Parish Lenten Reconciliation: 7:00pm

Friday, March 27 (Lenten Friday):

Lenten Mass: Sanctuary, 6:00pm

Stations of the Cross: Sanctuary, 6:30pm

Fish Friday: Narthex, 7:00pm

Saturday, March 28:

Palms available.

Sunday, March 29 Palm Sunday:

Palms available.

Children's Liturgy: 8:30am and 10:30am

Coffee Sunday: Narthex, after 9:00am & 11:00am Masses

Gifts to the Parish

	December 2025	January 2026	February 2026
<u>General Collections</u> Collections	\$182,278	\$83,939	\$87,745
Other Income	\$90,416	\$38,679	\$49,039
Operating Costs	\$158,305	\$114,988	\$128,298
Surplus (Shortfall)	\$114,389	\$7,630	\$8,486
<u>Central Fund Loan (Mortgage)</u> Building Fund Collections	\$163,739	\$15,600	\$60,100
<u>Current Loan Balance</u>	\$3,081,350	\$3,056,783	\$3,032,216
<u>Diocesan Annual Campaign</u> Together in Action Year-to-Date	\$138,874	\$2,226	\$6,759
% TIA (Goal for 2026: \$121,243)	114% Surplus goes towards 2026 Campaign	1%	5%
Society St. Vincent de Paul (monthly)	\$0	\$1,243	\$1,883

Mass Intentions:*Mass Intentions are booked in person at the office.**Mass Intentions are not final and can be moved to accommodate urgent pastoral needs.***Saturday, March 21:**

5 pm: Paul Chernoff † (Fr. Obinyan)

Sunday, March 22:

9 am: Eugette Guenette † (Fr. Edmund)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Gutierrez Millan Family † (Fr. Edmund)

Monday, March 23:

6 pm: Int. Alicja Mazurek (Fr. Andrew Dalton)

Tuesday, March 24:

6 pm: Joe & Anita Graff † (Fr. Andrew Dalton)

Wednesday, March 25:

9 am: Melisa Ocha † (Fr. Edmund)

Thursday, March 26:

9 am: Cecilia Leroux † (Fr. Edmund)

Friday, March 27:

9 am: Diane McLougall † (Fr. Edmund)

6pm: Marlyn Solano † (Fr. Obinyan)

Saturday, March 28:

5 pm: Int. Di Stefano Family (Fr. Obinyan)

Sunday, March 29:

9 am: Tony Casello † (Fr. Edmund)

11 am: For the People of God at St. Michael (Fr. Edmund)

5 pm: Ricardo Danzer † (Fr. Obinyan)

Please Pray For:*Please contact the office with your request.*

Ann O'Brien, Melchor Diolata, Ania Georges, Chris Mudry,
 Alice Flamand, Hendrik Heerema, Michael Park, Degby Park,
 Margaret Baker, Patricia O'Brien, Dolores & Gilbert Sieben,
 Patti Koskinen, Richard Edgington, Suzanne Shenher.

For the Souls Of:**Funeral:****Pray For Our Seminarians:**

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,
 please email: columbarium@saintmichael.ca.

E-Transfer:

Sign in to your own banking institution and e-transfer the
 amount to: isupport@saintmichael.ca.

Text to Donate:

To set up your account, text **give** to **833-768-0514**
 and follow the prompt.

Sexual Abuse in the Church:

Call the Roman Catholic Diocese of Calgary's Hotline at
1- 833-547-8360. To report sexual abuse,
 call the Police at **1-403-266-1234**.