



Saint Michael Catholic Community

800 85th Street SW
Calgary, Alberta

May 31, 2026: The Solemnity of the Most Holy Trinity

Trinity is Community!

The celebration of the Solemnity of the Most Holy Trinity is about the unity among the three persons in one God. This unity in God in three persons is the original blueprint of our sense of community, our oneness with one another. Our love for one another is based on the self-giving love of the Father, the Son, and the Holy Spirit.

Our sense of community enhances our social nature. We are created to be part of the community. We are born through the intimacy of our parents who are supposed to be one in heart and mind as they pledge their love for one another. We cannot live or survive alone. No one is an island. We find our fulfillment in community.

When Christ came into the world, He chose to be part of a family through the loving kindness of His mother, the Blessed Virgin Mary, and His foster father, St. Joseph who looked after them. The Holy Family becomes the example and model for our families in terms of their love and care for one another. Their sense of oneness in being obedient to God's will characterizes their thoughts, their actions, and their plans. Their respective roles in their family relationship prove to be crucial to the accomplishment of God's plan of salvation.

As Church, we imitate God's oneness among the three different persons. Our unity in diversity is patterned after the diversity of the three persons who all act and live in this principle of oneness in love and loyalty. Our care and concern for another is dictated by the Trinitarian love for all of us, as exemplified by the love of the Second Person in His sacrificial death for the forgiveness of our sins. We are saved not alone, but together as community. We find our salvation in through one another.

As Church, we express this unity through our common participation in the mysteries that Christ has left us to celebrate, especially the Eucharist which has become the source and center of our Christian life. Says St. John Paul II: *"For what is the bread? It is the Body of Christ. And what do those who receive become? The Body of Christ – not many bodies but one body."* The Eucharist is our sacrament of unity. The Eucharist expresses our oneness in Christ, our unity with the Father, the Son, and Holy Spirit, as well as our unity with one another.

Fr. Edmund, fredmund@saintmichael.ca

Healing Lines



After Pentecost, the followers of Jesus formed a caring community where the needs of each person were attended to (Acts 2:43-47). The community of faith was empowered by the gifts of God's Spirit (1 Corinthians 12 and 13) to begin to live our "shalom" vision and to reach out to others. What gifts can your family offer to the ministry of reconciliation? In your neighborhood? In your school? In your workplace? In your church? Ask God to help you become aware of the gifts that the Spirit has given you which you could offer to your family, your congregation, and the community as they seek to live and minister in non-violating ways.

Weekday & Weekend Masses:

Tuesday: 6:00 pm
Wednesday to Friday: 9:00 am
Saturday: 5:00 pm
Sunday: 8:30 am Morning Prayer
Sunday: 9:00 am, 11:00 am, and 5:00 pm

Live-Stream:

Sunday 11:00 am at saintmichael.ca/Mass
or Facebook Live

Reconciliation:

Friday: 8:00 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 8:00 pm

Office Hours:

Tuesday to Friday: 9:30 am to 12:00 pm

Office:

Phone: 403-249-0423 info@saintmichael.ca

Pastor:

Fr. Edmund Vargas fredmund@saintmichael.ca

Associate Pastor:

Fr. Andrew Obinyan frandrew@saintmichael.ca

Administrative Assistant:

Loreen Morrison lmorrison@saintmichael.ca

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Volunteer Coordinator:

Gladys Doh gdoh@saintmichael.ca

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Columbarium Manager:

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Children's Liturgy Coordinator:

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Technical Director:

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Bookkeeper:

Michelle Gregory accounting@saintmichael.ca

Anointing of the Sick:

Diocese of Calgary Call Center:

403-231-9505

Alberta Children Hospital; Foothills Hospital;
Peter Lougheed Hospital; Rockyview General
Hospital; South Health Campus

CCCRS Prayer Meeting

Join us for our weekly prayer meetings featuring praise and worship, bible study, and intercessory prayers. The prayer meetings are on Wednesdays from 7:00-8:00pm in the Day Chapel. *"The expectation of the righteous shall not be cut short."* (Proverbs 23:18). All are welcome. Come and be blessed!



Multiply the Hope Campaign:

A Message from the Diocese

Because of your generosity, greater impact is taking place across the diocese.

In Year 1 of the Multiply the Hope Matching Campaign:

- \$4 million matched for parish loans
- \$3 million matched for repairs and maintenance

This means parishes are receiving support in times of need, critical repairs are moving forward, and communities are growing stronger in their life and mission. Multiply the Hope continues through the end of 2027, and even though the initial response has been strong, \$4.9M in matching funds remains available for parishes across the Diocese. Bishop McGrattan has encouraged each parish to take part in this once-in-a-generation initiative by fully embracing the campaign. Learn more: www.catholicyc.ca/multiplythehope



Children's Liturgy

The last day for Children's Liturgy will be Sunday, May 24 and will resume Sunday, September 13, 2026.



40 Hours for Vocations

St. Michael's will be hosting 40 Hours for Vocations beginning Friday, May 29 at 3:00pm and continuing until Sunday, May 31 at 8:00am, with a one-hour pause during the Saturday 5:00pm Mass. Join us in Eucharistic Adoration as we pray for vocations to the priesthood, diaconate, consecrated and religious life, and marriage. We are seeking at least two adorers for every hour so that Our Lord is never left alone. Please prayerfully consider signing up for one hour of adoration. To register: <https://www.signupgenius.com/go/409054EA8A623A7FD0-64113333-40hours#/>



Vocations Rally

The third annual diocesan Vocations Rally will take place on Trinity Sunday, May 31, here at St. Michael's. The day begins with the 11:00am Mass celebrated by Bishop McGrattan, followed by lunch, talks, panelists, displays, and more! All are welcome to attend to learn more about the different vocations in the Church and to receive tools for discernment. To register, visit: <https://docs.google.com/forms/d/e/1FAIpQLSd91lcmQ1iPW4ZHECGFixUkmSMEZWnhlQu49KdFk8lQylrrwQ/viewform>



Coffee Connections

The last Coffee Wednesday will be Wednesday, June 17 and will resume Wednesday, September 9, 2026. The last Coffee Sunday will be Sunday, June 28 and will resume Sunday, September 13, 2026.



Office Closure

The office will be closed on Wednesday, June 24, 2026 for a Pastoral Zone Meeting.



Multiply the Hope (MTH)

Beloved Faithful: Multiply the Hope is a diocesan initiative of last year's Jubilee Year. With the matching program, the Diocese will match any contributions to the **Multiply the Hope** campaign to be applied against the outstanding St. Michael Central Fund Loan (i.e. mortgage). To accelerate the repayment of the outstanding balance, we would encourage you to consider re-directing any building fund contributions made (either on-line, by text, pre-authorized payment or directly) to **Multiply the Hope** instead. Thank you for your continued generosity. God bless. Fr. Edmund.



Together in Action (TIA)

The Together in Action 2026 campaign begins on Ash Wednesday, February 18, 2026. The theme for this year's TIA is inspired by the Jubilee Year of St. Francis. *"But someone will say, 'You have faith and I have works.' Show me your faith without works, and I by my works will show you my faith."* (James 2:18) This year's TIA also marks the final year of the financial commitment of the Diocese to the National Indigenous Reconciliation Fund, supporting Indigenous-led initiatives across Southern Alberta. Our target goal this year is \$121, 243 same as last year. We thank God for your generosity! All surplus funds this year will go to our Building Fund to help pay our loan.



Healing Mass at St. Michael

Every last Friday of the month, there will be a Healing Mass at St. Michael Parish. There will be the blessing of water and olive oil, anointing and laying on of hands, as well as prayers for intentions. All parishioners are encouraged to take note and participate. This pastoral initiative is a way of reaching out to those who need healing and bringing them to Christ for healing, comfort, and strength. Thank you, and God bless you all.



CWL Book Sale

St. Michael's Catholic Women's League will be holding a sale of gently used books, puzzles, and board games the weekend of October 3 and 4. Please consider donating fiction, non-fiction, children's books, cook books, etc. as long as they are free of explicit content. We ask that you collect items over the summer and we will determine times in September when these items can be dropped off for the sale. Proceeds from this sale will allow St. Michael's Catholic Women's League to continue our commitment to programs at SMCC and provide donations to local charities. Thank you in advance for your generosity and support.

Vacation Bible Camp 2026:

"Rainforest Falls - Exploring the Nature of God"

* SMCC 5-day Vacation Bible Camp (VBC) 2026 has limited spots available (50) for all students/minors aged Kindergarten (6yrs.) to Grade 12. * Online registration is now open. * Thank you to those who have already engaged with our Parish Volunteer Coordinator, Gladys. Please contact Gladys at gdoh@saintmichael.ca to begin/continue the parish volunteer engagement process.



Annual Eucharistic Consecration

For all those who have yet to be Consecrated to Jesus through the Eucharist - we welcome you to take the opportunity on June 14 at the 11:00am Mass. To be ready, you can start your 33 days preparation on May 12. The book, *33 Days to Eucharistic Glory*, by Matthew Kelly, is available at the Gift Shop for a decreased price. It is a short read and meditation each day. You can also find additional video reflections for each day by Fr. Jonathan Meyers at this link: https://youtu.be/i_qCjpm2bRA?si=fghpW70i3MY9NsL. For those who were consecrated last year, you are welcome to come and support the newly consecrated and renew your own consecration vows.



Pastoral Council Bulletin – May 2026

Pastoral Council had its last business meeting before the summer break on May 26. As usual, it was a full agenda, including an update on plans for two Stewardship weekends in September (12 & 13 and 19 & 20) and plans to reintroduce Alpha in 2027. If you would like to attend one of our meetings as an observer, or if you have any questions or concerns, please send an email to info@saintmichael.ca. The meeting minutes for May 2026 will be published after Pastoral Council approval at our next meeting, scheduled for September 2026. The minutes from the Pastoral Council meeting on April 28 can be found here: [SMCC-Pastoral-Council-Minutes-of-Meeting-April-28-2026-Bulletin.pdf](#). We hope you have a relaxing summer break and safe travels wherever you are headed.



Potluck Sunday

The last Potluck Sunday before summer is June 7 and it will then take a break for July and August. This is a free event. Please bring a main dish, bread, salad, pickles, vegetable tray, or dessert to share with others, and bring your food ready to serve. The first Potluck Sunday in the fall will be Sunday, September 13, 2026.



SSVP "Poor Box" Collection

There will be a "Poor Box" collection after all Masses on May 30 & 31 by members of the Society of St. Vincent de Paul. Funds will be used to serve those most in need in our community. Thank you for your generous support!



Diocese of Calgary Beyond Bulletin (Short Version):

[Current Bulletin Insert.pdf](#) - Google Drive

Diocese of Calgary Beyond Bulletin (Full Version):

[Diocesan Info for Parishioners - Sunday Updates](#) - Google Docs

Parish Renewal Team Update, June 2026



The Parish Renewal Team continues to move forward with several important initiatives aimed at forming missionary disciples, strengthening family life, and fostering a vibrant Church of encounter and witness within our parish community. Guided by prayer and discernment, the team meets monthly to prioritize key action items within the Parish Renewal Plan and to develop practical steps for their implementation.

As part of this journey, two consecutive Stewardship Weekends have been scheduled for September 12/13 and 19/20, 2026.

These weekends will be a joyful opportunity to share our renewal priorities and invite parishioners to prayerfully consider how they might offer their time and gifts in service. Whether through long-standing ministries or new and emerging ones, each person is encouraged to discover their unique place in the life of the parish. A Volunteer Guidelines booklet - currently being finalized - will support this discernment by highlighting a variety of opportunities, including new ministries such as Evangelization, Outreach, Retreat, Environment, Liturgy, Hospitality Desk, and Social Outreach.

In addition, the second annual Ministry Coordinators' Mass, followed by a meet-and-greet and workshop on September 26, 2026, will provide a meaningful opportunity for ministry leaders to gather, encourage one another, and grow in unity as we share in Christ's mission.

As we continue along this path of renewal, we invite you to keep these efforts in your prayers. May each of us remain open to the Lord's call, ready to share our gifts generously and help build a parish community that reflects His love and presence in the world.



Feed the Hungry

Saint Michael Catholic Community will be supporting Feed the Hungry on Father's Day, Sunday, June 21, at St. Mary's Cathedral. Volunteering is a beautiful way to express our care and concern for the less fortunate among us. Volunteers are needed for many roles. If you would like to help, sign-up sheets will be available in the Narthex after Masses on June 6 & 7 or email us at info@saintmichael.ca.

Moms & Tots

Moms and Tots has been a large part of our community for many years. It would not be able to go on without the help of the incredible volunteers that have made it possible. We urgently need hands to help set up before and/or clean up after the group sessions come September. Please reach out to Elise Baranowski at 403-991-4612 for more details.



Society of Saint Vincent de Paul (SSVP)

Need assistance? Contact SSVP@saintmichael.ca or phone 825-417-1720. Donations of non-perishables and monetary: drop off at SSVP Food Chest in the Narthex. Monetary donations: go to <https://www.canadahelps.org/en/charities/st-vincent-de-paul-society-st-michaels-conference/>. New Members: SSVP@saintmichael.ca. Annual Report: [Annual Report 2025 – Society of St Vincent de Paul – St Michael Conference Calgary](#)



Week-at-a-Glance: (Sat. May 30 - Sun. Jun. 7, 2026):

Saturday, May 30:

40 Hours Adoration Continues: Blessed Sacrament Chapel

Sunday, May 31:

CANCELLED - Coffee Sunday: After the 9:00am and 11:00am Masses
40 Hours Adoration Ends: Blessed Sacrament Chapel, 8:00am
Vocations Rally Mass: Sanctuary 11am, Lunch and Program to follow

Monday, June 1:

Bible Study: St. Nicholas Room, 7:00pm-9:00pm

Tuesday, June 2:

Rosary Group: Day Chapel, 5:20pm

Wednesday, June 3:

Coffee Wednesday: Narthex, 9:30am
CCCRS Prayer Meeting: Day Chapel, 7:00pm

Thursday, June 4:

No event.

Friday, June 5:

No event.

Saturday, June 6:

No event.

Sunday, June 7:

Coffee Sunday: After the 9:00am Mass / CANCELLED after the 11:00am Mass
Eucharistic Procession for Corpus Christi: Outside the Parish, 12pm
Potluck and Name Tag Sunday: Narthex, 6pm

Mass Intentions:

*Mass Intentions are booked in person at the office.
Mass Intentions are not final and can be moved to
accommodate urgent pastoral needs.*

Saturday, May 30:

5 pm: Oscar Callejas † (Fr. Obinyan)

Sunday, May 31:

9 am: Ryan Gerard Smith † (Fr. Edmund)
11 am: For the People of God at St. Michael
(Bishop McGrattan, Fr. Edmund, Fr. Obinyan)
5 pm: Joan Ladoceur † (Fr. Obinyan)

Tuesday, June 2:

6 pm: Agata Gawrzyjal † (Fr. Obinyan)

Wednesday, June 3:

9 am: Ethel Pattison † (Fr. Obinyan)

Thursday, June 4:

9 am: Mark Trudel † (Fr. Obinyan)

Friday, June 5:

9 am: Veronica Kubik † (Fr. Edmund)

Saturday, June 6:

5 pm: Brian Schwab † (Fr. Edmund)

Sunday, June 7:

9 am: Lucente Filomena † (Fr. Obinyan)
11 am: For the People of God at St. Michael (Fr. Edmund)
5 pm: Int. George Morgan (Fr. Obinyan)

Please Pray For:

*Please scan the QR Code and
fill out the form with your request.*



Suzanne Shenher, Olivia Ossai, Duri Family, Jake Biefchke,
Ron Jackson, Lorraine Guyn, Lori Life Chris Mudry,
Michelle Concha, Leni dela Cruz, Don & Silva Smith,
Pat Garey, Elizabeth Slade, Angela Passerelli.

For the Souls Of:

Frances & Bernard Gallant, Luigi Ciavarella

Funeral:

Pray For Our Seminarians:

Please pray for vocations in our Diocese.

Eternal Springs Columbarium:

For pricing or more information,
please email: columbarium@saintmichael.ca.

E-Transfer:

Sign in to your own banking institution and e-transfer the
amount to: isupport@saintmichael.ca.

Text to Donate:

To set up your account, text **give** to **833-768-0514**
and follow the prompt.

Sexual Abuse in the Church:

Call the Roman Catholic Diocese of Calgary's Hotline at
1- 833-547-8360. To report sexual abuse,
call the Police at **1-403-266-1234**.

Gifts to the Parish

	February 2026	March 2026	April 2026
<u>General Collections</u> Collections	\$87,745	\$110,402	\$123,684
Other Income	\$49,039	\$59,143	\$43,503
Operating Costs	\$128,298	\$195,774	\$128,908
Surplus (Shortfall)	\$8,486	(\$26,229)	\$38,279
<u>Central Fund Loan (Mortgage)</u> Building Fund Collections	\$60,100	\$22,111	\$47,994
<u>Current Loan Balance</u>	\$3,032,216	\$2,396,519	\$2,369,283
<u>Diocesan Annual Campaign</u> Together in Action Year-to-Date	\$6,759	\$11,839	\$20,217
% TIA (Goal for 2026: \$121,243)	5%	9%	16.67%
Society St. Vincent de Paul	\$1,883	\$2,268	\$3,952