



# Saint Michael Catholic Community



800 85 Street SW | 403-249-0423 | [parish@saintmichael.ca](mailto:parish@saintmichael.ca) | February 26, 2023

1st Sunday of Lent

## Approaching the Paschal Mystery

The Paschal Mystery is the mystery involving the suffering, death and resurrection of the Lord. The term “paschal” has Old Testament significance. It is related to the Jewish idea of sacrifice which is the predecessor of the Sacrifice of the Mass. “Paschal” refers to the lamb that is offered as a burnt sacrifice for the reparation of sins. Christ is the “Lamb of God”, the New Testament sacrifice that has replaced all sacrifices.

In the Old Testament, the priest is distinct from the sacrifice. The priest offers the sacrifice. In the New Testament, the priest becomes the sacrifice at the same time. With Christ, priest and sacrifice become identical.

The idea of sacrifice is important in approaching the Paschal Mystery. It is essential to understanding the core of Christian spirituality. This is to say that Christ’s death on Calvary is central to the understanding of God’s reality. It demonstrates in an experiential and human way the depth of God’s life and love.

The Eucharist embodies the main operating principle of the Paschal Mystery. In the words of the Fathers of the second Vatican Council, the Eucharist is “the source and centre of Christian life”.

The celebration of the Paschal Mystery during the Easter Triduum is the high point of the entire liturgical year. Holy Week as a whole recalls the great events leading to Christ’s resurrection from the dead to save us from death and sin.

May our observance of the Lenten discipline help us in approaching the Paschal Mystery with the right disposition of body, mind and spirit.

[fredmund@saintmichael.ca](mailto:fredmund@saintmichael.ca)

## Healing Lines

Just as Jesus was tempted by the devil, we are often tempted to stray from His path. Sometimes it seems easier to not reach out to those who are being abused or bullied. We tell ourselves that others will help or that we shouldn’t interfere with someone else’s family. Other times, we are tempted to become aggressive or abusive when we deal with family members. We feel we are justified in responding this way to them. We always need to work to resist the temptations that will lead us away from Jesus.

## Glad to have you here!

We welcome new parishioners and visitors. We’d love to see you again! Please register at the Parish Office, or online at [saintmichael.ca](http://saintmichael.ca)

## Connect with us

Follow us on social media at [@saintmichael.ca](https://www.instagram.com/saintmichael.ca)

Also, join Flocknote by texting **SMCYC** to **514-900-0130** or by visiting [flocknote.com/smcyc](http://flocknote.com/smcyc)



## Church Schedule

*Subject to change*

### Weekday & Weekend Masses:

Tuesday: 6 pm

Wednesday to Friday: 9 am

Saturday: 5 pm

Sunday: 9 am, 11 am & 5 pm

Sunday 11 am live stream  
at [saintmichael.ca/Mass](http://saintmichael.ca/Mass) or on Facebook Live

### Reconciliation:

Friday: 8 am to 8:45 am

Saturday: 3:30 pm to 4:45 pm

### Eucharistic Adoration:

Friday: 9:30 am to 10:30 am

### Office Hours:

Tuesday to Friday: 9:30 am to noon

## Home & Hospital Visits

If you or someone you know is sick, cannot make it to Mass, and needs Anointing of the Sick and/or Holy Communion, we can arrange to have one of our priests visit them. Please call the Parish Office at **403-249-0423** to schedule a visit.

**Diocese of Calgary 24-hour emergency**

Priest paging hotline: **403-231-9505**.

# Events and Announcements

## Columbarium Access Changes

Please note that effective immediately, the Columbarium will no longer be open to the public. From now on, the only way to access it will be with the security cards assigned to the families of the deceased who are buried in the Columbarium, or if a staff member opens it for you during business hours. In order to comply with the Accessible Canada Act, we have recently installed a handicap door, which opens automatically when a card is swiped over the reader. As well, we want to ensure that the Columbarium is being kept safe and secure at all times, and therefore can no longer keep it open to the public. Two security cards are assigned to each niche owner after the time of the first inurnment. If you should require any additional cards for your family to visit a deceased loved one, a \$20 fee can be paid, and a card issued to you by Luisa at [ladams@saintmichael.ca](mailto:ladams@saintmichael.ca).

## Bible Study

*Monday, February 27 at 7pm*

Bible Study for Spring 2023: "**Exodus: A Call to Freedom**". Through the lens of Christ and the Church, we'll see that God desired to free his people from the dangerous grip of sin. Join us on Mondays beginning on February 27 at 7pm, with 10 presential sessions (no zoom). To register or to get additional information, please contact Augusto Bitter at [abitter@telus.net](mailto:abitter@telus.net).

## World Day of Prayer

*Friday, March 3 at 11am*

On Friday at 11am St. Michael Catholic Community is hosting the faith communities of SW Calgary for **World Day of Prayer**. This year's service was written by the World Day of Prayer Committee of Taiwan who have chosen the theme "**I Have Heard About Your Faith**" based on Ephesians 1:15-19. Through the organization of the World Day of Prayer we are united in prayer to impact the world with our solidarity of Christian faith. We join with other countries and cultures to bring hope to women and to pursue justice, peace, and reconciliation by standing together in intercessory prayer and action.

For those who are interested in joining us in the celebration of daily Mass and Adoration of Jesus Christ in the Blessed Sacrament, we would love to have you with us. Our weekly Friday Mass begins at 9 am and continues with Adoration and Benediction from 9:30 to 10:30 am. Our World Day of Prayer service will begin at 11 am followed by a light luncheon. Everyone is welcome to attend!!

For more information or to RSVP for the service and luncheon, please contact [smcwlpresident@gmail.com](mailto:smcwlpresident@gmail.com).

## Art Walk 2023

*March 4-5*

We invite artists and photographers from beginners to professionals to register to showcase their works at the up coming Art Walk. You must be a member of St. Michael Catholic Community. The cut off for registration is February 20. For registration info and for submission requirements, please visit [saintmichael.ca/events](http://saintmichael.ca/events).

## Presentation Night Holy Land Pilgrimage

*Tuesday, March 7 at 7 pm*

A Presentation Night on the Israel Pilgrimage with Fr Edmund this coming November, will be held on Tuesday, March 7, at 7 pm in the St. Michael Meeting Room. Those interested are encouraged to attend for questions & clarifications.

## Lenten Fish Friday

*Friday, March 10<sup>th</sup> & Friday, March 31<sup>st</sup> at 7pm*

Please join us for Lenten fish on Fridays hosted by the Knights of Columbus, immediately following the Stations of the Cross. Free will offering.

## Lenten Music and Reflection

*Wednesday, March 15 at 7pm*

Please join us for an evening of music and reflection hosted by Michael Chiasson on Wednesday, March 15 at 7 pm.

## Altar Servers

It has been almost three years since we have had regular Altar Servers at St. Michael's Parish. If anyone is interested in helping with this ministry or your children would like to serve, please contact Joyce @ [joycevayalumkal@gmail.com](mailto:joycevayalumkal@gmail.com).

## Society of Saint Vincent de Paul

Special thanks to all St. Michael parishioners for supporting the Society of St. Vincent de Paul! During the month of January we helped 14 families. If you have lost your job please contact us for food support.

**We are looking for new members.** If you are interested contact us by email [SSVP@saintmichael.ca](mailto:SSVP@saintmichael.ca) or phone 403-249-0423 ext 122

**Donations of Non-Perishable Food Items** can be dropped off in the SSVP Food Chest in the church Gathering Area or make arrangements by e-mailing us at [SSVP@saintmichael.ca](mailto:SSVP@saintmichael.ca). Currently we are looking for: Cereal, pasta sauce, canned vegetables and canned fish/meat.

**Monetary Donations** can be deposited in the drop-box in the Food Chest or by online donations through the St. Michael's Parish website: <https://saintmichael.ca/giving/>. Please indicate funds are for the Society of St. Vincent de Paul in the drop-down menu.

If you or anyone you know needs assistance, please contact us by email [SSVP@saintmichael.ca](mailto:SSVP@saintmichael.ca) or phone 403-249-0423 ext 122

## Events and Announcements

### Undie Sunday

The Annual Undie Sunday is back in support of the Elizabeth House on March 18 and 19th. At this time, they are seeking women's personal hygiene items (conditioner, body wash, deodorant, body lotions, hair products), Baby lotion and wash, Hand soap with pump, Towels – all sizes, Dish towels and kitchen wash clothes, Pots and Pans, HE laundry soap, Collapsible Laundry baskets, Double Bed sheets and bed in bags, 2T - 4T boys and girls clothes, Women's leggings (basic black), and Women's socks and underwear (M- XL). Please note, all items must be NEW. A drop off table will be set up in the main entrance. Thank you for your support - Catholic Women's League and Knights of Columbus

### St. Michael Catholic Community Pastoral Council

Every month, a dedicated team of Pastoral Council members meet to discuss important issues that affect St. Michael's Catholic Community. At our meeting in January, some of the matters we discussed were:

- A Coordinator for Kids' Kingdom.
- St. Mary's (Day) Chapel renovations.
- Return of the Pastors' Picture Gallery
- Formation of a Social Committee (if you would like to join, please drop us a line).

If you would like to read the minutes from our most recent meeting, or any past meeting please go to [www.saintmichael.ca/bulletin](http://www.saintmichael.ca/bulletin). Questions? Concerns? Please reach us through the office at 403-249 0423.

### Holy Land Pilgrimage

November 13 to 21, 2023

Join Fr. Edmund on a Pilgrimage to the Holy Land, November 13 to 21, 2023, on an inspirational journey that visits some of the most ancient sites in the world. Cost: double \$5,699, single \$6,849 and triple \$5,669. For more information visit: [gateway.gocollette.com/link/1122663](http://gateway.gocollette.com/link/1122663).

### Day Chapel Renovation

The Day Chapel is now closed for renovation which includes the addition of two side altars for the Blessed Virgin Mary (current statue) and the Divine Mercy (framed canvas print). The Divine Mercy print is from the original. The two side altars will also have votive candle racks where devotees can light real candles. Thomas Tan will be our project coordinator. The renovation design was done by Architect June Lee. The project has been duly approved by the diocese. The project concept was presented by Bill Tapuska and Peggy Tan, in an effort to place the Divine Mercy and the Blessed Virgin Mary in their appropriate places. The draft recommendations of the defunct Interior Enhancement Committee on the Day Chapel improvements have been duly taken into account. The Blessed Virgin Mary is currently located in a grotto-type make-shift altar at the back corner of the Day Chapel. The project cost is at \$98,000 plus taxes, as budgeted by Cougar Construction who won a recent bidding. So far, a family has contributed \$30,000 for the project. We encourage families and individuals to support the project through financial contributions or through continued prayers.



## Lent & Easter Schedule

**Lenten Fridays: March 3, 10, 17, 24 & 31**

Mass at 6 pm

Stations of the Cross at 6:30 pm

**Parish Reconciliation: Thursday, March 23**

Confessions at 6:30-8:30 pm

**Palm Sunday: April 2**

Regular Sunday Masses: 9 am, 11 am & 5 pm



## Holy Week

**Holy Thursday: April 6**

Mass at 7 pm

Adoration following Mass until 11 pm

**Good Friday: April 7**

Liturgy at 12 pm, 3 pm

**Easter Vigil: April 8**

Mass at 8 pm

**Easter Sunday: April 9**

Regular Sunday Masses: 9 am, 11 am & 5 pm

**Parish Office: The office will be closed on Good Friday.**

**\*Live-streamed 11 am Mass can be accessed at [Saintmichael.ca/mass](http://Saintmichael.ca/mass) and on our Facebook Page. Once the livestreamed Mass has finished, the video can be viewed on our Facebook page.**

## Eternal Springs Columbarium

The Columbarium at St. Michael's offers a consecrated and sacred space where the cremated remains of departed loved ones rest in perpetuity. For pricing or more information, please email [columbarium@saintmichael.ca](mailto:columbarium@saintmichael.ca).

### Pray for Our Seminarians

Peter An, Andre Boudreau, Joshua Capicio, Bennet Chacko, Solomon Ip, Samuel O'Ejeregebe, Benjamin Taylor, Santiago Torres, Joshua Walter

### Please Pray For:

Steve Bollman	Ted Lawrence	Danielle Swerhone
Judy Chu	John Neely	Jennifer Tupper
Bill Dingman	Janeth Rodriguez	Bryan Williams Jr.
Lorraine Fleming	Blessie San Buenaventura	
Jacob Jensen	Grant Schmick	

### For the Souls of:

Paul Seguin

### Sexual Abuse in the Church

Many suffer in silence. Perhaps you are affected by the news of sexual abuse of minors in the Church; perhaps you are a sexual abuse survivor or a relative of a friend of someone who was abused; perhaps you know about an abuse; perhaps you have sexually abused someone. Break the cycle of silence: you can choose to talk about it. Call the Roman Catholic Diocese of Calgary's hotline at **1 833-547-8360**.

To report sexual abuse, call the police at **1 403-266-1234**.

### E-Transfer

You can now donate using e-transfer service. Sign in to your own banking institution and e-transfer the amount to [isupport@saintmichael.ca](mailto:isupport@saintmichael.ca).

### Text to Donate

Don't carry cash? You can now use text messaging to donate any amount to St. Michael's. To set up your account, text *give* to **833-768-0514** and follow the prompt. Once you're in, text any amount to the same number—anytime.

### Gifts to the Parish

	November	December	January
<b>General Collections</b>			
Collections	\$94,431	\$134,354	\$110,445
Operating Costs	\$99,615	\$157,020	\$93,026
Surplus (shortfall) YTD OpCosts	(\$5,184)	(\$22,667)	\$17,419
<b>Central Fund Loan (Mortgage)</b>			
Building Fund Collections	\$15,033	\$140,277	\$10,994
Building Loan Interest — none			
Surplus Mortgage Repayment or (shortfall)			
<b>Current Loan Balance</b>	\$3,943,360	\$3,924,590	\$3,900,821
<b>Diocesan Annual Campaign</b>			
Together in Action Collect YTD	\$28,917	\$29,192	\$5,632
Society of St. Vincent de Paul	\$8,302(M)	\$30,939(M)	\$3,941(M)

## Mass Intentions

### Saturday, February 25

5 pm: Cecile Meadows †

### Sunday February 26, 1st Sunday of Lent

9 am: Nemesio Desales III †

11 am: For All Parishioners

5 pm: Ernesto Benacchio †

### Tuesday, February 28

6 pm: Danny Javier †

### Wednesday, March 1

9 am: Cynthia True †

### Thursday, March 2

9 am: Pat Aben †

### Friday, March 3

9 am: Giovanni Straface †

### Saturday, March 4

5 pm: Simeon Javier †

### Sunday, March 5, 2nd Sunday of Lent

9 am: Elaine Bunyan †

11 am: For All Parishioners

5 pm: Teresa & Salvatore Bitonti †

## Contact Us

For general [info@saintmichael.ca](mailto:info@saintmichael.ca)

inquiries 403-249-0423

**Pastor** Fr. Edmund Vargas  
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**Associate Pastor** Fr. Raul Hernandez  
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**Parish Secretary** Luisa Adams  
[ladams@saintmichael.ca](mailto:ladams@saintmichael.ca)

**Admin Assistant** Pina Rino  
[prino@saintmichael.ca](mailto:prino@saintmichael.ca)

**Receptionist** Helen Gal  
[hgal@saintmichael.ca](mailto:hgal@saintmichael.ca)

**Sacraments Preparation Coordinator** Francesca Ambrosino  
[fambrosino@saintmichael.ca](mailto:fambrosino@saintmichael.ca)

**Technical Director** Kyle De Jaegher  
[kdejaegher@saintmichael.ca](mailto:kdejaegher@saintmichael.ca)

**Music Director** Jim Howells  
[jhowells@saintmichael.ca](mailto:jhowells@saintmichael.ca)

**Volunteer Coordinator** Marvin Matthews  
[mmatthews@saintmichael.ca](mailto:mmatthews@saintmichael.ca)

**Bookkeeper** Michelle Gregory  
[mgregory@saintmichael.ca](mailto:mgregory@saintmichael.ca)