



Saint Michael Catholic Community



800 85 Street SW | 403-249-0423 | info@saintmichael.ca | January 28, 2024

4th Sunday in Ordinary Time

Violence and Healing

The recent tragedy in one of our schools reminds us that even the places of safety and refuge like families, schools and churches can also be places where we can be wounded and betrayed by those to whom we are closest and whom we trust. The recent incident highlights the growing experience of domestic, or family violence, in our midst.

Family Violence is manifested in various forms: degrading comments, manipulation of financial resources to intimidate, the use of physical strength to bully and, ultimately to injure or kill. These are only a few in a long list of its manifestations. The form may vary but the result is the same. Domestic violence exchanges the natural bonds of love and nurturing for the unnatural relationships of aggressors trampling mercilessly on the dignity, rights, and aspirations of those they have promised to love and cherish.

To respond to a victim of violence is to support that individual in finding the inner strength to leave the situation – and to work through the pain and betrayal to human wholeness. It offers hope while never diminishing the reality of the pain; it provides the basis for growth and independence without denying the fear of the unknown.

As we begin our new year, let us be aware of the consequences of our decision to enter our own world of trust and betrayal. Let us ask our Lord to share with us the strength of will to recognize and face the challenge of suffering and pain that would be the result of our own difficult efforts to carry our own crosses.

Let us ask the Lord to grant us the humility and kindness to realize that life is not really about increasing its speed, or that the race is not always to the swift. Let us ask the Lord to help us steady the harried pace of our lives so that we can focus on the vision of the life that Christ has promised us through His death and resurrection.

fredmund@saintmichael.ca

Healing Lines

They may identify themselves as being victimized, or they may simply say, *“I got hurt when my partner was mad”*. What you do know is that they have been injured in some way - either spiritually, psychologically, emotionally, financially, sexually, or physically. Listen very carefully to what they have said, showing them by your body language that you are paying attention. Ask them whether they need help getting assistance. Ask them if they need a safe place to go, or need help getting there. Do not minimize the harm, even if they do. Tell them that they deserve to be safe. Help them look for community resources.

Mass Schedule for this Weekend

Saturday, January 27 at 5pm: Fr. Edmund Vargas
Sunday, January 28 at 9am: Fr. Kevin Chukwurah
Sunday, January 28 at 11am: Fr. Edmund Vargas
Sunday, January 28 at 5pm: Fr. Kevin Chukwurah

Glad to have you here!

We welcome new parishioners and visitors. We'd love to see you again! Please register at the Parish Office, or online at saintmichael.ca

Connect with us

Follow us on social media at [@saintmichael.ca](https://www.instagram.com/saintmichael.ca)
Also, join Flocknote by texting **SMCYC** to **514-900-0130** or by visiting flocknote.com/smcyc



Church Schedule

Subject to change

Weekday & Weekend Masses:

Tuesday: 6 pm
Wednesday to Friday: 9 am
Saturday: 5 pm
Sunday: 9 am, 11 am & 5 pm

Sunday 11 am live-stream
at saintmichael.ca/Mass or on Facebook Live

Reconciliation:

Friday: 8:00am to 8:45am
Saturday: 3:30pm to 4:45pm

Eucharistic Adoration:

Friday: 9:30am to 10:30am

Office Hours:

Tuesday to Friday: 9:30am to 12:00pm noon

Home & Hospital Visits

If you or someone you know is sick, cannot make it to Mass, and needs Anointing of the Sick and/or Holy Communion, we can arrange to have one of our priests visit them. Please call the Parish Office at **403-249-0423** to schedule a visit.

**Diocese of Calgary 24-hour emergency
Priest paging hotline: 403-231-9505.**

Events and Announcements

Praying For Our School Communities

Our Prayers of the Faithful during weekend and weekday Masses, starting February, will mention one of our schools (St. Michael's, St. Joan of Arc, John Costello and Guardian Angel) on a rotational basis. Let us pray for our children, especially our students in our parish. Please pray for the prevention of domestic abuse and the promotion of healing in our families and communities.

2024 Contribution Envelopes | Pick Up

Next year's 2024 contribution envelopes are now available for pickup in the gathering area. Please look for your name alphabetically organized. If you have any questions, please call the parish office at 403-249-0423.

Last Year's Palms

Since the palms for last year's Palm Sunday Liturgy were blessed, they are now sacramentals which should be treated with respect and never be thrown away. If you would like to dispose of your palms, please bring them to the Church and deposit them in the containers labelled as "Palms" located in the Narthex or outside the Parish Office. Once collected, the palms will be burned to be used on Ash Wednesday.

SSVP 2023 Annual Report to the Community.

Please visit <http://saintmichael.ca/wp-content/uploads/2024/01/2023-Annual-Report-to-the-Community.pdf> if you would like to read Society of St. Vincent de Paul 2023 Annual Report to the Community.

Christmas Hampers 2023 Report

Please visit [Final-Report-2023-Hampers.pdf \(saintmichael.ca\)](#) if you would like to read the Christmas Hampers 2023 Report.

2023 Reports for St. Michael's Catholic Community

Sacraments: 101 Baptisms, 192 First Holy Communions, 122 Confirmations

Columbarium: 27 Columbarium niches sold. There are currently 378 spots left available for purchase in the Eternal Springs Columbarium. For more information, please contact Francesca at 403-249-0423 x 126 or FAmbrosino@saintmichael.ca.

St. Michael Catholic Community Pastoral Council

Happy New Year to our fellow SMCC parishioners! 2024 promises to be a busy and blessed year for our parish! We held our first meeting of the year on Tuesday, January 23. Some of the items we discussed were:

- * World Day of the Sick will be celebrated at weekday Mass on February 9, followed by anointing of the sick during Holy Hour.
- * The Eucharistic Miracles Display will be at SMCC May 25 – June 2. Volunteers will be needed.
- * Starting in February, prayers will be offered for each of the four schools in our parish at weekend Masses, on a rotating basis.

If you would like to attend one of our meetings as an observer, or if you have any questions or concerns, please reach us at (403)249-0423. To read minutes from our meeting in November, or any past meeting, please go to: [SMCC-Pastoral-Council-Minutes-of-Meeting-November-28-2023-Bulletin-1.pdf \(saintmichael.ca\)](#)

Coffee Sundays and Coffee Thursdays | Narthex | After Mass

Come and join your fellow parishioners for a cup of coffee and friendly visit after the 9am Mass on Thursdays and after the 9am and 11am Masses on Sundays. The coffee gathering is a free event. If you would like to make a donation to the Coffee Fund, please drop off your donation directly to the Parish Office or make your donation out directly to St. Michael's Catholic Community.

Elements of the Catholic Mass Series | January 27 and 28, 2024 | Before All Masses

We find out the definition of the word "liturgy." While it technically means the work of the people, there are two more aspects that help us understand why we even have the Mass in the first place. Find the answers in this link on The Meaning of the Liturgy: <https://watch.formed.org/the-elements-of-the-catholic-mass/season:1/videos/the-meaning-of-liturgy>.

Bible Study: "Lectio Eucharist - Discovering the Mass in the Bible" | Mondays: January 8 - March 18, 2024, Excluding Monday, February 19, 2024 | St. Nicholas Room | 7:00-9:00pm

Monday's Bible Study for Winter 2024 is "Lectio Eucharist: Discovering the Mass in the Bible". Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching. It will start on January 8, 2024 with 10 "in-person" sessions (no zoom) in the St. Nicholas Room every Monday at 7:00pm. Please note there will not be a session on Monday, February 19, 2024. To register or to get additional information, please contact Augusto Bitter at abitter@telus.net.

That Man Is You (TMIY) | Wednesdays: January 17 - April 10, 2024 | Day Chapel | 6:00-7:30am

That Man Is You (TMIY) will run for 13 sessions beginning January 17 until April 10, 2024 from 6:00-7:30am. Please note the room change from the Theater to the Day Chapel.

Women's Ministry Bible Study: "Wild Goose" | Wednesdays: January 17 - May 1, 2024 | Excluding February 14 and March 27 | St. Nicholas Room & Theater | 10:00am-12:00pm | Zoom 7:00-9:00pm

"Wild Goose" was a term that the ancient Celts had for the Holy Spirit. This Bible Study is a 14-part series featuring Fr. Dave Pivonka and various interviews. Shot in various locations from Niagara Falls to the California desert, the "Wild Goose" invites viewers to an encounter, or a renewed encounter, with the Holy Spirit. If you are interested, please show up for any or all of the sessions.

Events and Announcements

Grief Share Ministry | Tuesdays: January 23 - March 12, 2024 | Rooms 143 & 144 | 7:00-9:00pm

Have you lost a loved one recently? Or do you know someone who has? The grief support ministry invites individuals who have experienced loss of loved ones and would like to participate in a Grief Share Program for 2 hours every Tuesday evening for 8 weeks. This program consists of a **video seminar** (Christian based with personal stories from Christian experts who have experienced grief), **group support discussions** with facilitators, and a **personal workbook**. This program will run from January 23-March 12, 2024 every Tuesday evening from 7:00-9:00pm. Free will giving/ \$20 charge for the booklet. For registration, please contact the Parish Office at 403-249-0423.

2024 Youth Rally "Impact Nights" | January 26 | March 16 | April 19 | June 14 | Sanctuary | 7:00-9:00pm

Youth Rally "Impact Nights" at St. Michael's Church are scheduled on the following nights from 7:00-9:00pm: | Friday, January 26 | Saturday, March 16 | Friday, April 19 | and Friday, June 14 | The Youth Nights are coordinated through Michael Chiasson of Access 52. They are an expanded version of our recent Youth Gatherings. The first "Impact Night" will feature Tony Melendez as special guest. (See the poster below.) Please register for free tickets at:

<https://www.eventbrite.ca/e/impact-nights-jan-26-tony-melendez-access52-tickets-772546676907>.

An Evening of Inspiration: Tony Melendez | Live in Concert | Saturday, January 27 | Sanctuary | 7:00-9:00pm

Join us for a truly inspiring night with Tony Melendez, a world-renowned musician, who has overcome incredible challenges to share his gift of music. Despite being born without arms, Tony plays the guitar beautifully with his feet, offering a testament to the power of faith and perseverance. This special concert is for all of St. Michael's Community and is brought to you by Access52. We welcome everyone to experience this unforgettable evening of music and hope. The event is free, and while there is no admission fee, a free-will offering will be gratefully accepted. (See the poster below.)

Altar Server Training | Sunday, January 28, 2024 | Sanctuary | After 11:00am Mass

Are your children interested in joining the Altar Server Ministry? The next Altar Server training session will take place on Sunday, January 28 after the 11:00am Mass in the Sanctuary. This occurs on the fourth Sunday of every month. If you or your children are interested, please send an email to altarservers@saintmichael.ca, request access to the Altar Server group on Flocknote, or just show up on Jan. 28.

IWIN Initiative | February 8, 2024 | Zoom | 7:00pm

IWIN invites you to an evening of prayer in recognition of the International Day of Prayer against human trafficking. Please join us for a Zoom Meeting. <https://us06web.zoom.us/j/86332252851>

A Healing Mass | Friday, February 9 | Sanctuary | 9:00am

A Healing Mass will be held on Friday, February 9 at 9:00am in anticipation of the World Day of Prayer for the Sick on February 11. During the Exposition of the Blessed Sacrament, the Anointing of the Sick will be administered for those who are sick and those who feel the need for healing. The celebration will be concluded with the Benediction and Reposition of the Blessed Sacrament.

IWIN Initiative | February 22, 2024 | Sanctuary | 6:30pm

On National Human Trafficking Awareness Day, IWIN invites you to a screening of the movie "Sound of Freedom" at St. Michael's Catholic Community. It is free of charge, but please RSVP to: <https://www.signupgenius.com/go/409054EA8A623A7FD0-46860946-film>.

Art Walk 2024

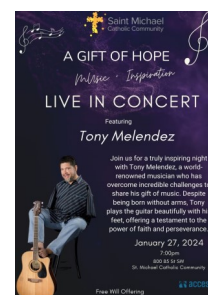
Art Walk 2024 will not be taking place in March as planned due to unforeseeable circumstances. We are hoping to reschedule the show in May and will post notices as soon as we have a new date. A new registration date will also be determined at a later date.

January Regular Events:

Sundays | Coffee Sundays | Narthex | After 9:00am & 11:00am Masses
Mondays | Bible Study: Lectio Eucharist | 7:00-9:00pm
Tuesdays | Rosary Group | Day Chapel | 6:30-7:00pm
Tuesdays | Grief Share | Rooms 143 & 144 | 7:00-9:00pm
Tuesdays | RCIA | St. Nicholas Room | 7:00-9:00pm
Wednesdays | Bible Study: Wild Goose | 10:00am-12:00pm | St. Nicolas Room | or Zoom 7:00-9:00pm
Thursdays | Coffee Thursdays | Narthex | After 9:00am Mass
Thursdays | Moms & Tots | St. Nicholas Room | 9:30-11:30am
Thursdays | Knitting Ministry | Library | 10:00am-12:00pm

January 2024:

January 26 | Daily Mass moved to Day Chapel | 9:00am
January 26 | Youth Rally Impact Night Featuring Tony Melendez | Sanctuary | 7:00-9:00pm
January 27 | Tony Melendez Live In Concert | Sanctuary | 7:00-9:00pm
January 27 | Baptism Preparation | St. Nicholas Room | 9:00am-12:00pm
January 28 | Altar Server Training | Sanctuary | After 11:00am Mass



Eternal Springs Columbarium

The Columbarium at St. Michael's offers a consecrated and sacred space where the cremated remains of departed loved ones rest in perpetuity. For pricing or more information, please email columbarium@saintmichael.ca.

Pray For Our Seminarians:

Peter An, Andre Boudreau, Joshua Capicio, Bennet Chacko, Jonathan Dobek, Samuel Ejeregebe, Evin George, Solomon Ip, Jeffrell Painaga, Antonio Pasqualotto, Mikhel Sari, Benjamin Taylor, Joshua Walter

Please Pray For:

Eileen Peta	Rosa Duri	Bill Dingman
Judy Ivanski	Elizabeth Chandless	Joey Stevenson
Mara Neely	Josh Helman	Kathy Salzl
Alessandro Bonvicini	Helen Gal	Pietro Jr. Duri
Jojo Deleon	Demy Navarro	Aaron Armstrong

For the Souls of:

Christel Schunicht Antonio Vespa

Sexual Abuse in the Church

Many suffer in silence. Perhaps you are affected by the news of sexual abuse of minors in the Church; perhaps you are a sexual abuse survivor or a relative of a friend of someone who was abused; perhaps you know about an abuse; perhaps you have sexually abused someone. Break the cycle of silence: you can choose to talk about it. Call the Roman Catholic Diocese of Calgary's hotline at **1 833-547-8360**.

To report sexual abuse, call the police at **1 403-266-1234**.

E-Transfer:

You can now donate using e-transfer service. Sign in to your own banking institution and e-transfer the amount to: isupport@saintmichael.ca.

Text to Donate:

Don't carry cash? You can now use text messaging to donate any amount to St. Michael's. To set up your account, text *give* to **833-768-0514** and follow the prompt. Once you're in, text any amount to the same number - anytime.

Gifts to the Parish

	October	November	December
General Collections			
Collections	\$97,285	\$89,909	\$148,442
Other Income	\$29,506	\$58,358	\$57,002
Operating Costs	\$164,849	\$135,449	\$119,954
Surplus (shortfall) YTD Optg Costs	(\$38,058)	\$12,819	\$85,491
Central Fund Loan (Mortgage)			
Building Fund Collections	\$13,724	\$18,512	\$129,611
Current Loan Balance	\$3,698,763	\$3,675,809	\$3,653,177
Diocesan Annual Campaign			
Together in Action YTD	\$55,760	\$62,408	\$74,471
% TIA Goal \$121,243.00	46%	51%	61%
Society St. Vincent de Paul (monthly)	\$3,473	\$6,455	\$25,278

Mass Intentions

Book an intention online at saintmichael.ca

Saturday, January 27

5 pm: Dominic and Lucy D'Acenzo †

Sunday, January 28: 4th Sunday in Ordinary Time

9 am: Mary Walchuk †

11 am: For All Parishioners

5 pm: Emilio LoGullo †

Tuesday, January 30

6 pm: Intentions of Abigail Cecilia Saldanha

Wednesday, January 31

9 am: Dolores Fitzsimmons †

Thursday, February 1

9 am: Intentions of Licudine Family

Friday, February 2

9 am: All Souls in Purgatory †

Saturday, February 3:

5 pm: Karl Schunicht †

Sunday, February 4: 5th Sunday in Ordinary Time

9 am: Sebastian Barrera †

11 am: For All Parishioners

5 pm: Elmer Guillermo Sr. †

Contact Us

For General 403-249-0423

Inquiries info@saintmichael.ca

Pastor Fr. Edmund Vargas
fredmund@saintmichael.ca

Associate Pastor Fr. Jose Bustalino
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Deacon Dc. Randy Gritter
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Parish Secretary Loreen Morrison
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Technical Director Kyle De Jaegher
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Music Director Jim Howells
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Volunteer Coordinator Marvin Matthews
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Children's Liturgy Coordinator Caroline Dixon
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Bookkeeper
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