



Saint Michael Catholic Community



800 85 Street SW | 403-249-0423 | parish@saintmichael.ca | March 5, 2023

2nd Sunday of Lent

Moments of Self-giving

The transfiguration was an awe-inspiring experience of God's presence for Jesus and for his disciples. It was an incredible show of divine support, grace and inspiration at the time when Jesus faced the most trying period of his life: the decision to offer himself for our salvation through his own passion and death. This illuminating experience would carry him through the dark days of confusion, insecurity and terror that would come after this encounter with the Other. Jesus received the affirmation of his mission to give himself up from the great figures of his tradition, representing the law and the prophets.

All of us need some graced memories or God-filled experiences to recall or return to when faced with difficulty and challenge in our journey of faith.

These graced-filled experiences or God-moments can inspire us and carry us through the darkness and difficulty of our trying periods of our journey. Our own stories of struggle in the faith can sustain us in our trials and tribulations. These God-moments may not approximate Christ's transfiguration on a mountaintop but their significance can help us in efforts to do God's will when we recognize and acknowledge it in our prayer and discernment. These moments are marked with self-giving and generosity that fulfill the deepest hunger of our soul.

All grace-filled memories or God-filled experiences are times when we realize giving ourselves to others in the spirit of self-sacrifice and true love. These are moments when we imitate God's generosity and love which embody the essence of our personal commitment to Christ who gave himself up for our freedom from sin and death. Our struggling efforts to offer ourselves to God and others can be transformed into meaningful faith experiences by returning to our graced-filled memories when we experienced God's love and presence in our lives.

In our own lives, we have had experiences of self-giving that continue to inspire and strengthen us in our efforts to love and serve. These are our own transfiguration experiences that transform our own selfish self into a self-giving person. These self-giving moments make us more aware of our own giftedness that should move us to share and care for another. fredmund@saintmichael.ca

Healing Lines

As the Lord is transfigured and we are instructed to "listen to him", so we must change ourselves into those who have compassion and listen to our fellow human beings when they suffer from the effects of abuse and harassment. Let us become more like Christ with each passing day.

Glad to have you here!

We welcome new parishioners and visitors. We'd love to see you again! Please register at the Parish Office, or online at saintmichael.ca

Connect with us

Follow us on social media at [@saintmichael.ca](https://www.instagram.com/saintmichael.ca)
Also, join Flocknote by texting **SMCYC** to **514-900-0130** or by visiting flocknote.com/smcyc



Church Schedule

Subject to change

Weekday & Weekend Masses:

Tuesday: 6 pm
Wednesday to Friday: 9 am
Saturday: 5 pm
Sunday: 9 am, 11 am & 5 pm

Sunday 11 am live stream
at saintmichael.ca/Mass or on Facebook Live

Reconciliation:

Friday: 8 am to 8:45 am
Saturday: 3:30 pm to 4:45 pm

Eucharistic Adoration:

Friday: 9:30 am to 10:30 am

Office Hours:

Tuesday to Friday: 9:30 am to noon

Home & Hospital Visits

If you or someone you know is sick, cannot make it to Mass, and needs Anointing of the Sick and/or Holy Communion, we can arrange to have one of our priests visit them. Please call the Parish Office at **403-249-0423** to schedule a visit.

Diocese of Calgary 24-hour emergency

Priest paging hotline: **403-231-9505**.

Events and Announcements

Pastor's Updates

- We are recruiting a Children's Liturgy Coordinator as a paid position as well as volunteers to run the Kid's Kingdom and other related catechetical programs. This year, we are preparing 133 candidates for First Reconciliation/ First Communion (June 11 celebration) and 101 candidates for Confirmation (May 28). There are 16 catechumens/candidates who are currently in the Rite of Christian Initiation for Christian Adults (RCIA), preparing for the reception of the Sacraments of Initiation this coming Easter.
- Last November, the National Evangelization Team (NET) offered a retreat for Grade 4-7 children (not well attended) and another one for Grade 8-12 students (well attended). The parish has a pending application for a NET team to come this year. Last year's application was not accepted, due to a lack of NET youth workers. After the NET program, we are hiring a Youth Coordinator to continue and sustain the NET initial efforts. Only recently, Michael Chiasson has agreed to prepare a transitional program for our youth, including a monthly or so Youth Mass/gathering. The monthly youth gathering is now scheduled every last Saturday of the month, starting March 25. He is also coming on March 15, Wednesday, 7pm for a Lenten Night of Music & Reflection.
- Joyce Vayalumkal (as coordinator) with Randy Gritter (an installed Acolyte preparing for his Diaconate) and Michelle Conway (former coordinator) is working on an Altar Servers program manual for the parish. The family-oriented ministry will include a monthly pray/prepare/pizza (PPP) gathering of the altar servers. An Orientation Meeting for those who are interested will be held on Palm Sunday, April 2, after the 11am Mass. Campaign for altar servers will soon be initiated.
- We need more volunteers for practically all our liturgical ministries and other services. Our current numbers are as follows: Ushers/Hospitality Ministers (58), Lectors (38), Extraordinary Ministers of the Holy Eucharist (72), Music Ministry (15 for Sunday 5pm Mass & 45 for the rest of the weekend Masses), Pastoral Care Ministers (2), Kids Kingdom (none), Coffee Ministry (3). We need Hospitality Ministers at the Sunday 5pm Mass. We have also a handful of volunteers helping Francesca in the Sacramental Preparation sessions. Those interested to volunteer have to contact Marvin, our volunteer coordinator or the respective coordinators of the ministries.
- The Gallery of the Pastors will be re-installed.
- The church has recently installed an alarm system with connection with the police authorities. Access to the building will be limited accordingly. For security and wheelchair access (newly installed), the Columbarium is now accessible only to cardholders. Public access has to be arranged with the office or through families who have authorized access cards.
- The Day Chapel renovation is now underway. We need your prayers and financial support.

Presentation Night Holy Land Pilgrimage

Tuesday, March 7 at 7 pm

A Presentation Night on the Israel Pilgrimage with Fr Edmund this coming November, will be held on Tuesday, March 7, at 7 pm in the St. Michael Meeting Room. Those interested are encouraged to attend for questions & clarifications.

Lenten Fish Friday

Friday, March 10th & Friday, March 31st at 7pm

Please join us for Lenten fish on Fridays hosted by the Knights of Columbus, immediately following the Stations of the Cross. Free will offering.

Lenten Music and Reflection

Wednesday, March 15 at 7 pm

Please join us for an evening of music and reflection hosted by Michael Chiasson on Wednesday, March 15 at 7 pm.

God Squad Canada

Registration is open for the 2023 God Squad 26th Annual Conference!

Friday March 17 from 6-9 pm, Saturday March 18 from 9-4 pm at St. Michael's Catholic Community

Take this opportunity to empower and inspire you to become who God created and calls you to be.

Why should you come to this year's conference?

Why should you bring another man with you?

To strengthen our culture, our family and our faith. And the way we do that is becoming men of the cross, living our faith from the Cross of our Lord and Saviour Jesus Christ.

This year's theme is Memento Mori which invites us to remember our death, that the final things are death, judgment, heaven or hell.

In the sheer silence of our hearts, the Lord's theophony calls us to be bearers of light and to live for heaven, drawing upon us amidst today's darkness of spiritual famine and moral confusion.

Register today : <https://godsquad.ca/2023-conference-deacon-harold.html>

Righteous Sounds of the Passion

Saturday, March 18 at 7 pm

Come and experience the Inspiration Band perform songs from their highly anticipated and emotional Good Friday service music on Saturday, March 18, 7 pm in the Mezzanine. Bring someone and listen to the Passion in song. Admission is free.

Holy Land Pilgrimage

November 13 to 21, 2023

Join Fr. Edmund on a Pilgrimage to the Holy Land, November 13 to 21, 2023, on an inspirational journey that visits some of the most ancient sites in the world. Cost: double \$5,699, single \$6,849 and triple \$5,669. For more information visit: gateway.gocollette.com/link/1122663.

Events and Announcements

Undie Sunday

Saturday, March 18 & Sunday, March 19

The Annual Undie Sunday is back in support of the Elizabeth House on March 18 and 19. At this time, they are seeking women's personal hygiene items (conditioner, body wash, deodorant, body lotions, hair products), Baby lotion and wash, Hand soap with pump, Towels – all sizes, Dish towels and kitchen wash clothes, Pots and Pans, HE laundry soap, Collapsible Laundry baskets, Double Bed sheets and bed in bags, 2T -4T boys and girls clothes, Women's leggings (basic black), and Women's socks and underwear (M- XL). Please note, all items must be NEW. A drop off table will be set up in the main entrance. Thank you for your support - Catholic Women's League and Knights of Columbus.

Liturgical Ministers Lenten Retreat

Friday, March 31, 7 pm

Please join us for a **Liturgical Ministers Lenten Retreat** led by Fr. Edmund on Friday, March 31 at 7 pm (following Mass and Stations of the Cross). Enjoy a Lenten fish dinner while you listen to Fr. Edmund; free will offering to the Knights of Columbus. **ALL ARE WELCOME!!** This retreat will be especially beneficial for volunteers who serve in a liturgical capacity at Mass (Communion Ministers, Proclaimers, Ushers and Choir members) or for anyone who would like to serve as a Liturgical Minister. To register, please call the office at (403) 249 0423.

40 Days for Life Prayer Campaign

Friday, March 31

St. Michael is once again part of this prayer campaign. Over 5000 babies are killed at the Kensington abortion facility every year. 40 Days for Life is a prayerful, respectful campaign that seeks to bring awareness to the inconvenient truth that abortion kills innocent human beings. Our prayerful presence during 40 Days at abortion centres around the world draws attention to the plight of preborn children and seeks God's help through intercessory prayer. Will you join us? Sign up and be a loving, prayerful voice for the preborn babies who have no voice but ours. We know from the testimonies of many that these campaigns save lives. **St. Michael's day to pray this campaign is Friday, March 31.** Please join us and sign up online at [40 Days for Life](#). Click on the "SIGN UP FOR VIGIL HOURS" box and choose an hour or more on Friday, March 31. Please sign up for a time slot between the hours of 10 am to 4pm. Up to four persons can sign up for each one hour time slot. Signs are provided.

St. Michael Catholic Community Pastoral Council

Every month, a dedicated team of Pastoral Council members meet with our Pastor to discuss and advise on issues that affect Saint Michael's Catholic Community.

At our meeting in February, some of the matters we discussed were:

- Hiring a Children's Liturgy Coordinator
- Blessing of St. Mary's Chapel on Divine Mercy Sunday
- The Triduum – help is needed to decorate! Please email Bob camaro11@shaw.ca
- Liturgical Ministers Lenten Retreat on March 31 at 7 pm ALL WELCOME! Register at the office.

If you would like to read the minutes from our most recent meeting, or any past meeting, please go to www.saintmichael.ca/bulletin

Questions? Concerns? Please reach us at (403) 249 0423

Lent & Easter Schedule

Lenten Fridays: March 10,17,24 & 31

Mass at 6 pm

Stations of the Cross at 6:30 pm

Parish Reconciliation: Thursday, March 23

Confessions at 6:30-8:30 pm

Palm Sunday: April 2

Regular Sunday Masses: 9 am, 11 am & 5 pm



Holy Week

Holy Thursday: April 6

Mass at 7 pm

Adoration following Mass until 11 pm

Good Friday: April 7

Liturgy at 12 pm, 3 pm

Easter Vigil: April 8

Mass at 8 pm

Easter Sunday: April 9

Regular Sunday Masses: 9 am, 11 am & 5 pm

Parish Office: The office will be closed on Good Friday.

***Live-streamed 11 am Mass can be accessed at Saintmichael.ca/mass and on our Facebook Page. Once the livestreamed Mass has finished, the video can be viewed on our Facebook page.**

Eternal Springs Columbarium

The Columbarium at St. Michael's offers a consecrated and sacred space where the cremated remains of departed loved ones rest in perpetuity. For pricing or more information, please email columbarium@saintmichael.ca.

Pray for Our Seminarians

Peter An, Andre Boudreau, Joshua Capicio, Bennet Chacko, Solomon Ip, Samuel O'Ejeregbe, Benjamin Taylor, Santiago Torres, Joshua Walter

Please Pray For:

Steve Bollman	Paul Keough	Grant Schmick
Judy Chu	Ted Lawrence	Danielle Swerhone
Bill Dingman	John Neely	Jennifer Tipper
Lorraine Fleming	Janeth Rodriguez	Bryan Williams Jr.
Jacob Jensen	Blessie San Buenaventura	

For the Souls of:

Gerald O'Brien

Sexual Abuse in the Church

Many suffer in silence. Perhaps you are affected by the news of sexual abuse of minors in the Church; perhaps you are a sexual abuse survivor or a relative of a friend of someone who was abused; perhaps you know about an abuse; perhaps you have sexually abused someone. Break the cycle of silence: you can choose to talk about it. Call the Roman Catholic Diocese of Calgary's hotline at **1 833-547-8360**.

To report sexual abuse, call the police at **1 403-266-1234**.

E-Transfer

You can now donate using e-transfer service. Sign in to your own banking institution and e-transfer the amount to isupport@saintmichael.ca.

Text to Donate

Don't carry cash? You can now use text messaging to donate any amount to St. Michael's. To set up your account, text *give* to **833-768-0514** and follow the prompt. Once you're in, text any amount to the same number—anytime.

Gifts to the Parish

	November	December	January
General Collections			
Collections	\$94,431	\$134,354	\$110,445
Operating Costs	\$99,615	\$157,020	\$93,026
Surplus (shortfall) YTD OpCosts	(\$5,184)	(\$22,667)	\$17,419
Central Fund Loan (Mortgage)			
Building Fund Collections	\$15,033	\$140,277	\$10,994
Building Loan Interest — none			
Surplus Mortgage Repayment or (shortfall)			
Current Loan Balance	\$3,943,360	\$3,924,590	\$3,900,821
Diocesan Annual Campaign			
Together in Action Collect YTD	\$28,917	\$29,192	\$5,632
Society of St. Vincent de Paul	\$8,302(M)	\$30,939(M)	\$3,941(M)

Mass Intentions

Saturday, March 4

5 pm: Simeon Javier †

Sunday March 5, 2nd Sunday of Lent

9 am: Elaine Bunyan †

11 am: For All Parishioners

5 pm: Teresa & Salvatore Bitonti †

Tuesday, March 7

6 pm: Trina Monsalve †

Wednesday, March 8

9 am: Simone Appave †

Thursday, March 9

9 am: Intentions of Celestina Obu & Family

Friday, March 10

9 am: William McCallum †

Saturday, March 11

5 pm: Intentions of Jennifer Pinto & Family

Sunday, March 12, 3rd Sunday of Lent

9 am: Carlos & Quila Ferrer †

11 am: For All Parishioners

5 pm: Intentions of Elena Matte

Contact Us

For general info@saintmichael.ca

inquiries 403-249-0423

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